

# Psychology Training Programs

2024 - 2025

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# Overview of the Psychology Internship Program

### **Philosophy and Training Model**

The APA-accredited doctoral internship program is dedicated to developing budding leaders in clinical psychology. With training from expert clinical scientists at Weill Cornell Medicine and NewYork-Presbyterian, interns learn by participating in leading psychology training that includes programming across diverse areas of both clinical care and research. The program is also a member of The Academy of Psychological Clinical Science.

Comprising of the three pillars of Weill Cornell Medicine's mission to care, discover and teach, our experiential training model teaches interns to expand upon the core competencies of clinical psychology, including psychiatric diagnosis and evaluation, neuropsychological assessment, evaluation and consultation of acutely ill patients and empirically supported psychotherapies of a heterogeneous patient population.

Embedded within our joint institutional cultures is a commitment to developing practices that champion diversity, equity and inclusion in areas of patient care, education, professional development and advocacy. All faculty, staff, trainees and patients are valued and respected regardless of any differences in race, ethnicity, sexual orientation, gender identity, sex, ability, religious practice, socioeconomic class, citizenship, age, life experience or anything else.

# **Program Overview**

The NewYork-Presbyterian/Weill Cornell Medical Center Psychology Internship advances the training of clinical scientists by using a model that emphasizes continued direct clinical service through a range of experiences with Weill Cornell Medicine faculty. Interns are instructed beyond the core competencies in clinical psychology to learn cutting edge practice techniques. Learning by experience, interns focus on understanding the latest theories and practices, including:

- Current diagnostic systems
- Models of psychopathology
- Methods of psychotherapy
- Methods of clinical intervention
- Principles and administration of psychological and neurological testing
- Consultation and supervision best practices

In addition to gaining experience with core elements of clinical psychology, interns will gain clinical and research experience in a specialty area of their choice. For advanced clinical experience, interns participate in a four-month clinical rotation in unique settings, such as psycho-oncology, women's health, anxiety, traumatic stress, pediatric health, and more. For advanced research training, the program offers interns that have completed their dissertation the opportunity to join our Research Placement Program, which guarantees 4-6 hours of protected time to conduct research with a Weill Cornell Medicine faculty mentor.

Scholarly activity and inquiry are encouraged continuously throughout the internship program. A variety of advanced educational programming is offered including grand rounds, research presentations, training seminars and expert lectures. Coupled with direct experience, our educational programing will equip interns with the knowledge and skill to translate their work into manuscript authorship and/or academic presentations.

### **Competencies for Internship Training**

**Competency 1:** Displays necessary self-direction in gathering clinical and research practice independently and competently. Seeks out scientific knowledge to enhance knowledge about clinical practice and other relevant areas.

**Competency 2:** Has knowledge of and competence in ethical principles and practice as well as legal standards for clinical psychology.

**Competency 3:** Displays sensitivity to the cultural and individual diversity of patients and is committed to providing culturally sensitive services.

**Competency 4:** Demonstrates professional and appropriate attitudes and behaviors with patients, treatment teams, staff, peers, and supervisors.

**Competency 5:** Communicates effectively and collaboratively with patients, supervisors, staff, and colleagues.

**Competency 6:** Demonstrates a thorough working knowledge of psychiatric diagnostic nomenclature and DSM multiaxial classification. Has a working knowledge of neuropsychological assessment strategies.

**Competency 7:** Provides competent, effective and evidence-based psychotherapy to a range of patients presenting to the medical center.

**Competency 8:** Demonstrates knowledge of the supervisory role in clinical practice as consumer and provider. Employs these skills in a consistent and effective manner in peer consultation and with supervisors.

**Competency 9:** Performs assessment of patients referred for consultation and provides appropriate level guidance to other health professionals.

### **Core Curriculum**

Internship core curriculum includes weekly participation and attendance at didactic seminars, diagnostic evaluation training, acutely ill patient assessment and adult psychotherapy.

### **Standing Didactic Seminars**

Cognitive Therapy Clinic Video Case Conference – Monday 1:00-2:00 PM

Supervised by Susan Evans, Ph.D.

The Cognitive Therapy Clinic Case Conference involves group supervision of individual cases. Case conference participants present videotape clips of their work with patients

to receive feedback from the group on skill, process and implementation of empirically supported therapies.

# Cognitive Therapy Clinic Disposition Planning Meeting – Monday 2:00-3:00 PM

Supervised by Susan Evans, Ph.D.

The Cognitive Therapy Clinic Disposition Planning Meeting discusses diagnosis and treatment planning for cases seen in evaluation service. Occasional didactics are included which focus on the psychiatric interview and mental status exam.

### Professional Development Meeting – alternate Mondays 3:00-5:00 PM

Supervised by Susan Evans, Ph.D.

The Professional Development Meeting provides interns with the opportunity to discuss progress and career development with the internship director. The start of the year will include program orientation and fellowship preparation, including coverage of ethical, legal and diversity focused discussions. The second half of the year is devoted to discussion of career paths and education around a particular topic provided by former interns.

### Neuropsychological Testing Seminar – alternate Mondays 4:00-5:00 PM

Supervised by Abhishek Jaywant, Ph.D.

Through a combination of educational settings, including didactics, journal club, data analysis and case presentations, the Neuropsychological Testing Seminar give interns the opportunity to read and interpret evaluation data and present cases related to a range of neuropsychiatric disorders involving comorbid cognitive and emotional dysfunction. Each seminar is framed around a brain-behavior neuropsychological perspective of the pathophysiology and treatment of a range of disorders including depression, post-traumatic stress disorder, attention deficit hyperactivity disorder, traumatic brain injury, stroke, dementia, functional neurological disorder and substance use disorder. Discussions emphasize how the brain-based cognitive sequelae of these disorders can manifest in a clinical interaction and psychotherapy. The seminar also explores the use of cognitive-behavioral strategies to target attention, organization, procrastination and memory.

### Psychology Grand Rounds – Third Thursday of the Month 12:00-1:00 PM

<u>Psychology Grand Rounds</u> feature a virtual presentation by expert clinical and research psychologists and discussion facilitated by faculty, staff and trainees. Previous psychology grand rounds have included:

- "Improving Community Based Delivery of Care to Diverse Depressed Older adults".
- "Cognitive Therapy for Regret"
- "Digital Mental Health Interventions: How To Get The Most Out Of Digital Tools"
- "Intimate Partner Violence: Challenges in Assessments and Treatment"

- "Interpersonal Psychotherapy for Perinatal Bereavement"
- "Prolonged Grief Disorder Treatment: an Evidence-Based Approach"
- "A generation of research from the WTC to the COVID-19 pandemic: An update on the use of Virtual Reality and Immersive Technologies In"
- "Why Try to Change Me Now? Fostering Empathy and Acceptance with Integrative Behavioral Couples Therapy."
- "Smartphone-based personal sensing of depression and anxiety symptoms"
- "Utilizing Social and Traditional Media to Enhance Your Career"

### Other Required Seminars and Trainings

### **Summer Cognitive Behavioral Therapy (CBT) Course (July-August)**

Supervising Faculty: <u>Susan Evans, Ph.D.</u>, <u>Nathan Thoma, Ph.D.</u>, <u>Jamie Schumpf, Psy.D.</u>, <u>Kate Herts, Ph.D.</u>

This six-week experiential course teaches participants the core processes and skills of CBT through interactive measures such as role play and adopting a self-change project.

### **Evaluation Service Seminar**

Led by the supervising psychiatrist in the evaluation service, the seminar addresses the structure of the psychiatric interview, note writing, evaluating suicide risk and procedures. Over the course of three lectures, participants cover:

- Psychiatric Interview: goals, approach, safety issues, confidentiality, methods, interventions and organization
- Assessment and Evaluation: diagnostic evaluation, mental status exam and suicide assessment
- Psychopharmacology: core competencies, basic categories of psychopharmaceuticals, indication, risks and benefits
- Clinical Evaluation Writing: evaluation and progress notes
- Review of DSM V and changes from DSM IV

# Seminar in Ethical and Legal Standards: Ethics and Professional Risk Management in the Practice of Psychology

Seminar Led by Dawn Hughes, Ph.D.

During this two-hour interactive seminar, interns review case examples and vignettes that are guided by the American Psychological Association (APA) Ethical Principles and Professional Code of Conduct (EPPCC) (APA, 2017). The course provides a framework for contemplating ethical dilemmas while protecting clients and mitigating professional risk. Interns learn professional risk management and discuss ethical concerns through the lens of real-world and contemporary dilemmas that psychologists confront. Topics covered include common EPPCC standards and principles, informed consent, confidentiality and privilege, clinical documentation, an exploration of boundaries crossings and boundary violations, self-disclosure, mandated reporting, and managing suicidal patients.

### Seminar on Diversity, Inclusion and Equity

Seminar Led by Elena Mayville, Ph.D.

Using case studies, scholarly readings, group discussions and personal reflection, the seminar on diversity, inclusion and equity explores the diverse experiences of patients and providers based on personal identity (e.g., race, ethnicity, gender, sex, socioeconomic status, ability). Interns learn the ADDRESSING Model (age, developmental disabilities, acquired disabilities, religion, ethnicity, sexual orientation, socioeconomic status, indigenous group membership, nationality, and gender) to understand the importance of considering complexities of individual identity; microaggressions in clinical practice; and how identity can affect the multiple levels of CBT case conceptualization. Interns are encouraged to continue discussion of identity and its impact on therapy and case conceptualization with their supervisors.

### **Culturally Responsive Clinical Assessments and Interventions Workshop Series**

Workshop Organized by Stephanie Cherestal, Ph.D.

Led by a steering committee of psychologists, psychology fellows and social workers, this quarterly workshop provides skills, strategies and resources for delivering culturally responsive care to the patient population at NewYork-Presbyterian. Participants discuss strategies, resources and delivery methods for providing culturally responsive clinical assessments, interviewing of symptoms and interventions. Feedback is regularly collected to ensure that workshops are experienced as productive and welcoming to all and that topics include those that attendees are interested in learning more about.

### **Seminar on Supervision**

Seminar Led by Lori Davis, Psy.D.

Expanding upon guidance from the American Psychological Association (APA), our program views clinical supervision as its own entity, allowing interns to learn this essential role early in their career. This seminar explores the theories of clinical supervision (e.g., cognitive behavioral, psychodynamic, and other evidence-based modalities) through readings, videos, and guided discovery. Interns are encouraged to explore and discuss their own experiences of supervision, past and present, to become cognizant of what has been helpful and transformative. In addition, interns will supervise one another using the Cognitive Therapy Rating Scale (CTRS) to further clarify their attitudes and beliefs about what constitutes effective clinical supervision.

# **Training Experience**

# **Evaluation and Diagnosis**

Interns complete a rotation in **Comprehensive Psychiatric Emergency Program (CPEP)**. The CPEP program is designed to train the intern in the ability to make rapid, yet comprehensive evaluations of a broad range of patients who often present in acute crises. Interns collaborate with a multidisciplinary team and are responsible for obtaining collateral information and coordinating appropriate follow-up care.

Interns conduct psychiatric interviews and evaluations in the **Evaluation Service**. This experience provides interns with the opportunity to develop skills in conducting a psychiatric interview, assessment, triage and crisis interventions and to consult with a multidisciplinary team including social workers and psychiatrists. Interns conduct one psychiatric evaluation per week in the Evaluation Service and receive supervision from the attending psychiatrist, Diana Feldman, M.D.

### **Psychotherapy Training**

Interns conduct time-limited and focused **cognitive psychotherapy** in **The Cornell Cognitive Therapy Clinic (CTC)**. The CTC employs a model of training derived from the Beck Institute of Cognitive Therapy in Philadelphia. Many of the supervisors in the CTC are certified cognitive therapists through The Academy of Cognitive Therapy. The CTC provides outpatient psychotherapy to patients who range in socioeconomic background and level of functioning. The CTC involves intensive training in this modality by working with adults experiencing a range of symptoms and life problems. Interns are supervised by CTC Director, Susan Evans, Ph.D.

Other areas of psychotherapy training include **long-term psychodynamic psychotherapy** and **transference focused psychotherapy**, supervised by <u>Diana Diamond</u>, <u>Ph.D.</u>

### **Elective Rotations**

In addition to the core curriculum, interns participate in elective rotations. Each rotation is for a four-month period, allowing interns to participate in at least two rotations over the course of the year. Rotations may take place at other NewYork-Presbyterian locations or affiliate hospitals, such as Westchester Behavioral Health and Memorial Sloan Kettering Cancer Center (MSKCC). If an intern has a particular interest in an area of psychology that is not listed, the training director will assist in developing an experience that is compatible with the intern's clinical interests. Listed below are currently designated rotations:

- Anxiety and Traumatic Stress Studies
- CBT Child Anxiety and Tic Program
- Center for Youth Mental Health at NewYork-Presbyterian
- Memory Disorders Program
- Personality Disorders Institute
- Memorial Sloan Kettering Cancer Center
- Pediatric Behavioral Health Psychology
- Women's Health Program

- Adolescent Inpatient Unit
- Neuropsychology\*
- Westchester Behavioral Health Inpatient Services (Women's Unit, Borderline Unit, The Haven, Eating Disorders Unite or Adolescent Inpatient Unit)
- Inpatient Services at Gracie Square Hospital

\*Psychological testing occurs in the rehab medicine unit with particular emphasis on basic neuropsychological and psychodiagnostics. Interns are responsible for consulting with the referring clinician, administering the test battery, scoring the data, completing the report and providing feedback to the referring clinician. <a href="Faith Gunning">Faith Gunning</a>, <a href="Ph.D.">Ph.D.</a> is the attending neuropsychologist responsible for the supervision of interns on this rotation.

### **Research Placement Program Elective**

If selected, this elective program provides interns with four to six hours of protected time for mentorship with a Weill Cornell Medicine clinical researcher. This experience is facilitated by the training director to have them paired with a faculty member that shares clinical and research interests with the inter. Interns who have completed their dissertation are eligible for this program.

### Other Educational Activities

Ongoing educational opportunities are provided by Weill Cornell Medicine Psychiatry to supplement formal curriculum and stimulate interaction between faculty and trainees.

### **Academy for Behavioral Health and Continuing Education Conferences**

Weill Cornell Medicine's Academy for Behavioral Health and Continuing Education provides ongoing opportunities for advanced education and for psychologists and social workers to obtain CE credits. These events include educational conferences, such as Weill Cornell Medicine's annual perinatal psychiatry conference and the new neuromodulation conference.

### **Elective Seminars**

These are offered each year by arrangement with interested interns, residents, fellows and faculty. Recent topics have included: basic research design in clinical psychology, psychoanalysis and literature, psychotherapy and psychoses, adolescence, and the technique of psychotherapy.

### **Geriatrics Seminar Series**

A weekly series of presentations at Westchester Behavioral Health presented by invited speakers on current developments in geriatric psychiatry.

### **Psychiatry Faculty Council Speaker Series**

<u>The Faculty Council Speaker Series</u> will take place once a month virtually on Tuesday evenings. The Faculty Council invites speakers to present on various topics of interest to our faculty, staff and trainees through the academic year.

### **Psychiatry Grand Rounds**

A weekly series of <u>lectures</u> in which nationally distinguished scholars, clinicians and researchers are invited to speak about current issues in psychiatry and psychology.

### Safe Space

New student-run clinic offers free mental healthcare to New York's LGBTQ community.

### **Weill Cornell Medicine Wellness Qlinic**

The Weill Cornell Medicine Department of Psychiatry partnered with medical students to develop the Weill Cornell Medicine Wellness Qlinic Program, a program providing free mental health care and community outreach to LGBTQ+ populations in need, while also creating education, training and academic opportunities for students, trainees, faculty, and staff. Interns may choose to participate as clinicians in the program.

# **Evaluation of Trainees and Training Program**

Continuing evaluation of curriculum, faculty and trainees is conducted throughout all stages of the internship program. articular attention is given at the beginning of the year to the ability to establish a therapeutic, working alliance and adherence to treatment principles. Specific skills and competencies are expected to develop over the year and are evaluated by the supervisor. We strive maintain a balance between ongoing personal dialogue between trainees and supervisors, objective data of direct observation and completion of evaluation forms.

### **Evaluation Formats**

**Written evaluations** of trainees are discussed with interns at the middle and end of each program year.

**Direct observation** via videotaped sessions of intern performance is evaluated and feedback is evaluated by faculty supervisors. Supervisors reflect on the intern's adherence to treatment and competency. Interns can directly observe expert therapists via videotape, patient interviewing and role-playing exercises.

**Rating forms** are distributed to provide interns a chance to evaluate their supervisors.

# Clinical, Academic and Research Facilities

Program facilities include NewYork-Presbyterian Hospital locations and affiliate hospitals in addition to Weill Cornell Medicine campus locations.

### **NewYork-Presbyterian Hospital**

The two primary locations of participation include NewYork-Presbyterian/Weill Cornell Medical Center and NewYork-Presbyterian Westchester Behavioral Health.

Computer facilities are available at all research sites. Interns are encouraged to participate in ongoing projects or to begin their own projects with assistance from the faculty. Interns who wish to develop a research career may, with the approval of the faculty, devote a portion of their time to mentored research activities.

NewYork-Presbyterian/ Weill Cornell

**Medical Center** 

21 Bloomingdale Road White Plains, NY 10605

Weill Cornell Medicine Faculty
Location Website & Specialties

NewYork-Presbyterian Westchester

**Behavioral Health** 

21 Bloomingdale Road White Plains, NY 10605

Weill Cornell Medicine Faculty Location Website & Specialties

### The Section of the History of Psychiatry and Behavioral Sciences

Members of the section (psychiatrists, historians, psychologists, residents, interns and medical students) actively pursue a variety of research, ranging from Renaissance psychiatry to topics in the twentieth century. Many of these projects deal with the relationship between historical experience and contemporary problems. In addition to research, the faculty includes active teachers in the department.

### The Memorial Sloan-Kettering Cancer Center Department of Psychiatry

In collaboration with NewYork-Presbyterian and Weill Cornell Medicine providers, this department provides psychiatric services to patients in one of the nation's foremost training hospitals in oncology. Work includes a major emphasis on research into the psychological and personality variables of patients with neoplastic diseases.

### **Child and Adolescent Services**

At Westchester Behavioral Health, there are inpatient and outpatient services for children and adolescents presenting with a wide variety of psychiatric disorders. Inpatient units include a unit for children from ages 6 to 12 years of age and a unit for adolescents requiring a 24 hour therapeutic program. An additional adolescent eating disorder inpatient unit provides services for adolescents presenting with an eating disorder and requiring an inpatient level of care.

The child and adolescent outpatient department offers comprehensive diagnostic evaluations and evidenced based treatment for children and adolescents through high school age. Treatment is provided through specialty clinics, such as The Center for Autism and the Developing Brain (CADB) which serves individuals throughout their lifespan who need evaluation and treatment for autism spectrum disorders. A variety of group programs are also provided for children, adolescents and their parents. Comprehensive psychological and neuropsychological assessment services are available.

The child psychiatry outpatient division at NewYork-Presbyterian/Weill Cornell Psychiatry Specialty Center serves children and adolescents aged 5-18 and their families, offering evidence-based psychotherapy and psychopharmacology interventions.

More information about these programs can be found on our <u>Specialty Center</u> webpages.

### Center for Youth Mental Health at NewYork-Presbyterian

The Center for Youth Mental Health at NewYork-Presbyterian addresses the epidemic of anxiety and depression among young people. In collaboration with faculty from Columbia University and Weill Cornell Medicine, the center offers expert diagnosis and treatment, including cognitive behavioral therapy, medication and cutting-edge research.

### Pediatric OCD, Anxiety, and Tic Disorders Program (POCAT)

The Pediatric OCD, Anxiety, and Tic Disorders Program (POCAT) specializes in cognitive behavioral therapy (CBT) for kids and teens suffering from anxiety and related disorders, including exposure and response prevention (ERP) for obsessive compulsive disorder (OCD) and Comprehensive Behavioral Intervention for Tic Disorders (CBIT). Weekly individual therapy is offered in addition to medication management as needed. When possible, CBT groups are made available. Parent training groups are run throughout the year for interested parents.

The catchment area for the child outpatient program is large, including all five boroughs of New York City and surrounding areas of Long Island, New Jersey and Connecticut. The patient population is thus culturally and economically diverse and presents with a wide range of psychiatric symptoms and diagnoses, including the anxiety disorders, OCD, tic disorders, ADHD, mood disorders, impulsive or oppositional behaviors, school refusal and others. Interns can carry a weekly individual therapy caseload with close supervision in a variety of cognitive and behavioral therapies, co-lead groups, work closely with psychiatry trainees and participate in weekly case conferences where patients are interviewed live by members of the child psychiatry faculty.

### **Substance Abuse Services**

NewYork-Presbyterian Westchester Behavioral Health provides inpatient treatment for alcohol and drug abuse disorder in addition to a specialty inpatient service.

### **Libraries Facilities**

In addition to the main libraries of Weill Cornell Medical College, specialty libraries are available to interns, including:

- The Oscar Diethelm Historical Library includes a unique historical collection of over 6,000 volumes published before 1950, a supporting reference collection of 4,000 modern works, multiple manuscript materials and the NewYork-Presbyterian Hospital/Weill Cornell Medical Center archives of psychiatry.
- The Payne Whitney Clinic Library, housed in the <u>Samuel J. Wood Library</u> of the Weill Medical College of Cornell University, contains 15,000 reference volumes and journals. This library supplements the larger Samuel J. Wood Library of Weill Cornell Medical College. Full research and bibliographic facilities are provided.

### **Accreditation Status**

The clinical psychology internship is fully accredited by the <u>American Psychological Association</u>. The American Psychological Association is located at 750 First Street, N.E., Washington, DC 20002-4242; telephone number (202) 336-5979.

Our policies regarding requisite training competencies and minimal levels of achievement, as well as documents on policy and procedures are in our Policies and Procedures Orientation Manual. The manual is available on request by emailing <a href="mailto:sue2002@med.cornell.edu">sue2002@med.cornell.edu</a>.

# **Stipend, Benefits and Administrative Support**

### **Stipend**

Guaranteed Base Salary: Minimum stipend of \$40,950 per year; Maximum stipend of \$40,950 per year.

Weill Cornell Medicine provides the above stipend range in compliance with the New York City law on Salary Transparency in Job Advertisements. The salary range listed is for full time employment not including bonuses, clinical incentive compensation, or benefits. Actual salaries depend on a variety of factors including but not limited to internal equity, specialty, training, and hospital/community needs.

The above salary range for New York City based roles represents Weill Cornell Medicine's good faith and reasonable estimate of possible compensation at the time of posting.

### **Benefits**

- ✓ 20 vacation days, 10 hospital holidays
- ✓ Subsidized housing in NewYork-Presbyterian apartment buildings <u>may</u> be available (not guaranteed)
- ✓ Comprehensive medical coverage
- ✓ Intern offices, computers and high-speed internet access
- ✓ Interns have their own offices with computers and high-speed internet access
- ✓ NewYork-Presbyterian Hospital (Microsoft Outook) email address
- ✓ Audio/visual library of psychology training materials and digital audio and video recording equipment

### **Internship Completion**

Internship training is full-time and for a period of twelve months. Interns can expect to work 40 hours weekly and will be granted overtime pay for hours that exceed a 40-hour work week. Interns must meet the minimal levels of achievement on all training competencies measured in the Psychology Trainee Assessment Form.

Interns will be awarded a Certificate of Completion at the successful conclusion of the internship year.

### **Nondiscrimination Policy**

The internship in clinical psychology at NewYork-Presbyterian/Weill Cornell Medicine is dedicated to the provision of equal opportunity for all applicants and psychology interns without regard to race, color, religion, sex, sexual orientation, gender identity, gender expression, national origin, citizenship status, marital status, veteran status, employment status, age, disability, pregnancy status, predisposing genetic characteristics, and other protected characteristics, subject to the conditions of applicable federal, state and city laws.

# **Application Overview**

### Who Should Apply?

Applicants who have an interest and background in both clinical service and research are encouraged to apply. Psychologists who have completed APA-approved internships and who desire further intensive specialty clinical and research training are invited to apply to our fellowship programs. Preference will be given to those with demonstrated research interest and activity. Prior to beginning the internship, it can be advantageous for applicants to have completed data collection on the dissertation.

### Additional applicant requirements are as follows:

- ✓ Must be from APA-approved Ph.D. programs in clinical psychology or U.S. citizens from CPA-approved Ph.D. programs in clinical psychology
- ✓ Must have a minimum of five hundred hours of direct patient care experience
- ✓ Must be Ph.D. applicants with clinical science orientation

Please note: NewYork-Presbyterian Hospital does not offer sponsorship for visas.

### **Psychology Internship Entrance Requirements**

# Prior to the beginning internship training, all prospective interns must successfully complete the following:

- ✓ Successful completion of all graduate coursework towards a doctoral degree including practica and externships.
- ✓ A minimum of five hundred intervention hours is required. Eight hundred intervention hours is preferred.
- ✓ A minimum of fifty assessment hours is required. One hundred assessment hours is preferred.
- ✓ Endorsement of readiness for internship training by the director of their graduate program.

Please note: we ask that you submit only the APPIC application.

# **Application Procedure**

The internship program follows the APPIC online process.

The application deadline for internships is **November 1, 2024**.

A select number of applicants will be invited for interviews (2-3 hour commitment) with Weill Cornell Medicine faculty. Interviews will take place remotely via Zoom on January 6, 7, 9 or 10 of 2025.

### **Internship Selection Process**

We follow the **APPIC** guidelines for selecting interns.

An applicant's completed application will be reviewed by two members of Weill Cornell Medicine's psychology faculty who are participating in the internship selection and the program director.

# During the initial review, an applicant may be excluded from further consideration for the following reasons:

- Applicant is not enrolled in an APA accredited doctoral psychology program
- Applicant has accrued fewer than five hundred hours of clinical practice
- Applicant has not completed all the graduate courses required for completion of their doctoral program
- Applicant has neither completed a graduate course in psychopharmacology nor had supervised experience in clinical setting where patients receive psychotropic medications
- Applicant has neither completed a graduate course in initial interviewing or
- DSM-V nor had supervised experience in conducting an initial intake interview

### The initial review will assess the applicant based on the following criteria:

- Amount and quality of clinical experience
- Depth and breadth of clinical experience
  - o i.e., are the applicant's practica varied?, has the applicant had medical center experience?, has the applicant had experience with culturally diverse populations?, etc.
- Clinical science training
- Quality of letters of recommendation
- Academic performance
- Special areas of excellence or achievement
- Cultural diversity
- Perceived goodness of fit with our internship program

### **Interview Process**

Twenty four (24) applicants will be invited for an interview. Interviewing will be done remotely via Zoom and will be scheduled for one of four dates: January 6, 7, 9 or 10 of 2025.

Three teams of psychology faculty and program director will interview applicants for a total period of one and a half hours. Each interviewer completes an applicant rating forms which is paired with other application files to be reviewed for match ranking lists. The program director utilizes all data to comprise the final matching list.

# **Contacts**

### Mailed internship correspondence should be addressed to:

Susan Evans, Ph.D.

Director of Training in Psychology

New York Presbyterian Hospital/ Weill Cornell Medical Center

425 East 61st Street

Room 1350

New York, New York 10065

### APA correspondence should be addressed to:

Office of Program Consultation and Accreditation

American Psychological Association

750 1st Street, NE, Washington, DC 20002

Phone: (202) 336-5979

Email: apaaccred@apa.org

### **Weill Cornell Medicine Contact Information**

Susan Evans, Ph.D.

Director of Training in
Psychology

Dean Haglin, M.F.A.

Administrative Assistant

Phone: (212) 821–0622 Fax: (212) 821-0792

sue2002@med.cornell.edu

Phone: (212) 821-0775 Fax: (212) 821-0792

deh2001@med.cornell.edu

# **Psychology Fellowships**

There are fellowship positions available for candidates who have completed their Ph.D. in clinical psychology, are eligible for a limited permit, and who wish to pursue advanced training in particular specialty areas. These programs provide active mentorship in academic, research and professional activities of a specialty area.

Psychology Fellowship - Manhattan | Weill Cornell Medicine Psychiatry

Psychology Fellowship - Westchester | Weill Cornell Medicine Psychiatry

### **Psychology Faculty**

Name/Address/Telephone Areas of Interest

Ahmed. Anthony O.

Vice Chair for Psychology

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

New York, NY 10065

914-997-5251

mood and anxiety disorders

psychotic disorders

substance abuse

Bennett, Shannon

NewYork-Presbyterian Hospital/

Weill Cornell Medical Center

525 E. 68th St.

New York, NY 10065

646-962-2827

pediatric OCD, anxiety

tic disorders

**Cherestal, Stephanie** 

Westchester Behavioral Health/

Payne Whitney Clinic - Box 188

525 E. 68th St.

adult/adolescent DBT

health justice

New York, NY 10065

914-288-5242

Chiu, Angela

525 E. 68th St.

New York, NY 10065

212-746-5574

child and adolescent psychotherapy

Clarkin, John

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

New York, NY 10065

914-997-5911

marital and family therapy

personality disorders

bipolar disorders

Catarozoli, Corinne

NewYork-Presbyterian Hospital

Weill Cornell Medicine

525 E. 68th St.

New York, NY 10065

646-397-8817

cognitive behavioral therapy

child/adolescent psychiatry

Cukor, Judith

NewYork-Presbyterian Hospital

441 E. 68ths St.

NewYork, NY 10065

212-746-4492

posttraumatic stress disorder

cognitive behavioral therapy

collaborative care

### Davis, Lori

80 Fifth Ave., Suite 1005 New York, NT 10011

212-580-0271

posttraumatic stress disorder cognitive behavioral therapy

### Diamond, Diana

135 Central Park West, 1N New York, NY 10024 212-877-2231 transference-focused psychotherapy

# Difede, JoAnn

NewYork-Presbyterian Hospital Burn Unit New York, NY 10065 212-746-3079 trauma treatment
treatment of acute stress disorders
research

### Edwards, Anna R.

New York Anxiety Treatment Center 240 Central Park South, Suite 2J New York, NY 10019 212-518-8162 anxiety disorders, OCD cognitive behavioral therapy

behavioral medicine

# **Evans, Susan**

NewYork-Presbyterian Hospital Cognitive Behavioral Service 425 E. 61st St., #1350 New York, NY 10065 212-821-0622 mindfulness-based stress reduction cognitive behavioral therapy

Falk, Avital

Weill Cornell Psychiatry

315 E. 62nd St., 5th floor

New York, NY 10065

646-962-2820

child and adolescent psychology

digital and treatment innovations

Feldman, Diana

525 E. 68th St.

New York, NY 10065

212-746-5732

psychopharmacology

Fleming, Megan

300 Mercer St., Suite 3C

New York, NY 10003

646-600-5133

sex therapy

couples therapy

Flye, Barbara

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

New York, NY 10065

914-997-5953

child & adolescent psychotherapy

Fridman, Chaya

315 E. 62nd St., 5th floor

New York, NY 10065

646-962-2820

neuropsychological assessment

**Gunning, Faith** 

525 E. 68th St.

neuropsychological assessment

geriatric research

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New York, NY 10065 914-997-8643

Herts, Kate

Women's Mental Health Consortium

99 Hudson St.

5th floor, PMB 6036

New York, NY 10013

212-210-6372

cognitive behavioral therapy

treatment for chronic illness

Hughes, Dawn

274 Madison Ave., Suite 604

New York, NY 10016

212-481-7044

traumatic stress

interpersonal violence

Ilieva, Irena

425 E. 61st St., #1314

New York, NY 10065

212-821-0779

cognitive behavioral therapy

trauma-related disorders

Jaywant, Abhishek

425 E. 61st St., #1352

New York, NY 10065

212-745-4666

clinical neuropsychology

traumatic brain injury

age-related cognitive decline

Latack, Jessica

Central Park Psychological Services

200 W. 57th St., Suite 507

New York, NY 10019

women's mental health

ptsd

### Lee, Grace

321 E. 54th St.

New York, NY 10022

212-888-8199

forensic psychology

### Levi, Alexander

211 Central Park West

New York, NY 10024

212-595-1317

psychodynamic psychotherapy

# Marino, Patricia

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

New York, NY 10065

914-997-8691

student mental health

depression

psychotherapy and medical illness

# Mayville, Elena

208-422-1108

cognitive behavioral therapy

family therapy

couples therapy

# Olden, Megan

NewYork-Presbyterian Hospital

Anxiety and Traumatic Stress Program

425 E. 61st St., #1315

New York, NY 10065

212-821-0786

post-traumatic stress disorder

### Pelcovitz, Michelle

425 E. 61st St., #1352

cognitive behavioral therapy

exposure and response prevention

New York, NY 10065

212-821-0789

child/adolescent anxiety & mood disorders

Powers, Alisa

21 Bloomingdale Road

White Plains, NY 10605

914-997-5851

cognitive behavioral therapy

Schumpf, Jamie

10 E. 40th St., Suite 3201

New York, NY 10016

646-592-4384

cognitive behavioral therapy

Sirey, Jo Anne

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

New York, NY 10065

914-997-4333

geriatric psychiatry

Thoma, Nathan

Cognitive Therapy Center of Manhattan

10 E. 40th St., Suite 3201

New York, NY 10016

347-778-1801

cognitive behavioral therapy

Wilkins, Victoria

Westchester Behavioral Health/

Payne Whitney Clinic – Box 188

525 E. 68th St.

geriatric psychiatry

cognitive behavioral therapy

New York, NY 10065 914-997-5411

# Zaider, Talia

family-centered care in an oncology setting

Memorial Sloane Kettering Cancer Center 641 Lexington Ave. #7 New York, NY 10022 646-888-0031

# Intern Admissions, Support, And Initial Placement Data

| Internship Program  | n Admissions   |   |          |           |  |  |  |
|---|--|---|----------|-----------|--|--|--|
|   | Applicant must be a Ph.D. candidate from an APA-approved doctoral program in clinical psychology.                                |   |          |           |  |  |  |
|   | We follow APPIC guidelines in selecting interns (available at  |   |          |           |  |  |  |
|   | www.natmatch.com/psychint)   |   |          |           |  |  |  |
| Basic<br>Requirements   | ents  Prior to beginning internship training, applicant must complete:   | Successful completion of all graduate coursework towards a doctoral degree including practica and externships |          |           |  |  |  |
|   |  | Endorsement of readiness for internship training by the director of their graduate program                    |          |           |  |  |  |
|   |  | Minimum Hours Required At Application   |          |           |  |  |  |
|   |  | Total Direct<br>Intervention<br>Hours   | REQUIRED | PREFERRED |  |  |  |
|   |  |   | 500      | 800       |  |  |  |
|   |  | Total Direct<br>Contact<br>Assessment<br>Hours  | REQUIRED | PREFERRED |  |  |  |
|   |  |   | 50       | 100       |  |  |  |
|   | Other required minimum criteria  | N/A   |          |           |  |  |  |
|   | Submission of NO MORE THAN three letters of recommendation.  |   |          |           |  |  |  |
|   |  |   |          |           |  |  |  |
|   | Do NOT submit additional materials other than the APPIC application NewYork-Presbyterian Hospital does not offer sponsorship for |   |          |           |  |  |  |
|   |  |   |          |           |  |  |  |
| -   | visas  |   |          |           |  |  |  |
| A select number of applicants will be invited for interviews (2-3 hour commitment) with the faculty.) |  |   |          |           |  |  |  |

| Financial and Other Benefit Support For Upcoming Training Year |   |                   |   |  |          |                                |  |  |  |
|--|---|-------------------|---|--|----------|--------------------------------|--|--|--|
| Annual Stipend   |   | Full-time interns |   |  | \$40,950 |                                |  |  |  |
|  |   | Half-time interns |   |  | N/A      |                                |  |  |  |
| Medical Insurance  |   |                   | Access for intern   |  |          | YES                            |  |  |  |
|  |   | Т                 | Trainee contribution to cost required   |  |          | NO                             |  |  |  |
|  |   |                   | Coverage of family member(s) available  |  |          | YES                            |  |  |  |
|  |   | C                 | Coverage of legally married partner available   |  |          | YES                            |  |  |  |
|  |   | Co                | Coverage of domestic partner available  |  |          | YES                            |  |  |  |
| Paid Personal Time<br>Off and/or Vacation                      |   |                   | Hours Annually  |  |          | 150                            |  |  |  |
| Sick and/or Extended<br>Leave                                  |   |                   | Hours Paid Annually   |  |          | 0                              |  |  |  |
|  |   |                   | In the event of medical conditions and/or family needs that require extended leave, does program allow reasonable unpaid leave in excess of personal time off |  |          | YES                            |  |  |  |
| Other benefits   |   |                   | Coverage under hospi  | tice ir  | nsurance |                                |  |  |  |
|  |   | -Inte             | Internship Positions (2016-2022)  |  |          |                                |  |  |  |
| Total # of interns   | Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree |                   | Post-internship location  | Post-Doctoral<br>Residency<br>Position<br>(PD) |          | Employment<br>Position<br>(EP) |  |  |  |
|  |   |                   | Academic Medical<br>Center  | 23   |          |                                |  |  |  |
| 28   | 0   |                   | Other Medical Center or<br>Hospital   | 1  |          | 1                              |  |  |  |
|  |   |                   | Academic<br>University/Department   | 1  |          | 1                              |  |  |  |
|  |   |                   | Private Practice  |  |          | 1                              |  |  |  |