



HAROLD G. KOENIG, M.D.

Professor of Psychiatry and Behavioral Sciences
Associate Professor of Medicine
Senior Fellow in the Center for the Study of Aging and
Human Development
Duke University

EVENT DETAILS



- November 13th, 2024
- 12:30pm-1:30pm



- <https://weillcornell.zoom.us/j/92778928779>



- 1 CE credit hour is available free of charge to Weill Cornell Medicine Department of Psychiatry, full time and voluntary psychology, social work and LMHC faculty
- Credits are available to those who sign in with their full name, attend the entire event live, and complete a survey which will be emailed following the completion of the event. Note that the survey must be completed within 30 days of the lecture.



- Instructional Level: This event is appropriate for all audiences (introductory, intermediate and advanced).
- Please contact wcmpsychiatryce@med.cornell for additional CE information.



- Financial Disclosure: Dr. Koenig has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

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BIO

Dr. Koenig is a Professor of Psychiatry at Duke University Medical Center and an Adjunct Professor at King Abdulaziz University (Saudi Arabia) and Ningxia Medical University (China). He has published nearly 650 peer-reviewed articles, over 100 book chapters, and 65 books. His research has been featured in major media outlets, including ABC, NBC, and Time. Dr. Koenig has testified before the U.S. Congress on the health benefits of religious involvement. He has received multiple awards, including the 2021 Frank Minirth Award for Excellence in Christian Psychiatry. He is lead author of the Handbook of Religion and Health and several military-focused handbooks.

ABSTRACT

Religion and Spirituality (R/S) are both understudied and often insufficiently addressed in mental health care despite being significant factors for many patients. Research indicates that R/S can serve as both a valuable resource and, in some cases, a potential barrier to treatment. This event will provide an overview of the expanding evidence base on the relationship between R/S and mental health, including the impact on psychological well-being. Attendees will gain insight into clinical applications that incorporate R/S in therapeutic contexts. The event will conclude with small group case discussions, offering participants an opportunity for active engagement and deeper exploration of these topics.

LEARNING OBJECTIVES

1. Identify 2 differences between religion and spirituality and how they affect mental health.
2. Describe the ways religiosity has a protective effect on patients with different psychiatric diagnoses.
3. Identify other mental health and social benefits of religiosity, based on the evidence.
4. Apply R/S to clinical practice at least two ways, such as taking an R/S history and analyzing possible psychotic symptoms in a religious patient.

REFERENCES

1. Koenig, H. G., Al-Zaben, F., & VanderWeele, T. J. (2020). Religion and psychiatry: recent developments in research. *BJPsych Advances*, 26(5), 262-272. <https://doi.org/10.1192/bja.2019.81>
2. Koenig, H. G., Peteet, J. R., & VanderWeele, T. J. (2020). Religion and psychiatry: clinical applications. *BJPsych Advances*, 26(5), 273-281. doi:10.1192/bja.2020.11
3. Koenig, H. G., Perno, K., & Hamilton, T. (2017). Effects of a 12-month educational intervention on outpatient clinicians' attitudes and behaviors concerning spiritual practices with patients. *Advances in Medical Education and Practice*, 8, 129-139. <https://doi.org/10.2147/AMEP.S125352>