



## ABOUT THE EVENT:

This lecture will address the critical topic of suicide risk and prevention among preteen children. With growing concerns about mental health in younger populations, early intervention is essential. The session will focus on the Stanley-Brown Safety Planning Intervention, a widely used, evidence-based approach to suicide prevention. Attendees will learn the key components of a high-quality safety plan for youth and explore how the intervention can be effectively adapted to meet the developmental needs of preteen children.



Thursday, May 22nd, 2025  
1:00pm - 2:00pm



<https://weillcornell.zoom.us/j/96992232758>



1 CE credit hour is available free of charge to Weill Cornell Medicine Department of Psychiatry, full time and voluntary psychology, social work and LMHC faculty

Credits are available to those who sign in with their full name, attend the entire event live, and complete a survey which will be emailed following the completion of the event. Note you can join no later than 10 minutes after the start of time and must stay for the entire duration of the event for CE eligibility



Instructional Level: This event is appropriate for all audiences (introductory, intermediate and advanced).



Financial Disclosure: Dr. Itzhaky has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

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This event is hosted by the WCM Academy for Behavioral Health and Continuing Education. Information regarding CE program please visit the WCM CE website: <https://psychiatry.weill.cornell.edu/education-training/continuing-education>. For additional questions contact [wcmpsychiatryce@med.cornell.edu](mailto:wcmpsychiatryce@med.cornell.edu).

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Dr. Liat Itzhaky is a clinical psychologist specializing in children and adolescents and a researcher at the Department of Psychiatry at Columbia University. Her research focuses on understanding suicide risk in youth, particularly in preadolescent children, and developing suicide prevention interventions for this age group.

## LEARNING OBJECTIVES

1. Describe the rationale for creating a safety plan for suicidal youth.
2. List the steps needed to create a high-quality safety plan.
3. Explain how to modify the safety planning intervention to suit preteen children.

## REFERENCES

1. Itzhaky, L., Gratch, I., Galfalvy, H., Keilp, J. G., Burke, A. K., Oquendo, M. A., Mann, J. J., & Stanley, B. H. (2020). Psychosocial risk factors and outcomes associated with suicide attempts in childhood: A retrospective study. *Journal of Psychiatric Research*, 125, 129–135. <https://doi.org/10.1016/j.jpsychires.2020.03.008>
2. Itzhaky, L., & Stanley, B. (2022). The Safety Planning Intervention for Children (C-SPI): Rationale and case illustration. *Cognitive and Behavioral Practice*, 31(2), 250–258. <https://doi.org/10.1016/j.cbpra.2022.10.001>
3. Stanley, B., Brown, G. K., Brenner, L. A., Galfalvy, H. C., Currier, G. W., Knox, K. L., Chaudhury, S. R., Bush, A. L., & Green, K. L. (2018). Comparison of the Safety Planning Intervention With Follow-up vs Usual Care of Suicidal Patients Treated in the Emergency Department. *JAMA Psychiatry*, 75(9), 894. <https://doi.org/10.1001/jamapsychiatry.2018.1776>