

Psychology Grand Rounds

Department of Psychiatry, Psychology Division

<https://weillcornell.zoom.us/j/97467115423>

“Improving Community Based Delivery of Care to Diverse Depressed Older Adults”

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9/15/2022

12:00pm-1:00pm

*1 CE credit available to full time and voluntary faculty psychologists who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture.

SPEAKER:

Dr. Sirey has no relevant financial relationship(s) with ineligible companies to disclose.

Dr. Sirey is a Professor of Psychology in the Department of Psychiatry of Weill Cornell Medicine. Her research interests include the development, implementation and dissemination of psychosocial interventions to improve mental health treatment in later life in non-mental health settings. She is the current Director for the Weill Cornell ALACRITY for Mid- and Late-Life Mood Disorders (P50 MH113838) and has an R01 (NIMH 124966) to test the comparative effectiveness of Behavioral Activation delivered by MSWs and Peer Coaches to older adults with depression. In 2021 she was awarded the Spero Award for Community Psychiatry from Weill Cornell Medical College. Previously, Dr. Sirey has received funding from the NIMH to the increase the use of mental health services among depressed community dwelling elders (NIMH R01 079865) and to conduct a multi-site study of a brief psychosocial intervention to improve treatment adherence among depressed elders in primary care settings (NIMH R01 087557). In addition to her research, Dr. Sirey is implementing multiple service delivery projects to bring evidence-based psychotherapy to hard-to-reach adults with mental health needs. Dr. Sirey and her team deliver mental health services in 30 senior centers in NYC. In addition, Dr. Sirey remains active in community development of new services by serving on the New York State Interagency Geriatric Mental Health and Substance Use Disorders Planning Council and as the Chair of the Westchester County Geriatric Mental Health Collaborative, an interdisciplinary group of aging and mental health providers, consumers, and advocates. <https://sireylab.weill.cornell.edu/>

Abstract: There is a need for community-based care for older adults with depression. We will discuss the scope of this problem and describe outcomes of two innovative research projects delivering services to community dwelling older adults with depression.

Learning Objectives:

1. Identify non-traditional care settings in which to deliver mental health services to older adults.
2. Describe novel approaches of using lay health providers to expand access to geriatric mental health services.
3. Describe study designs that evaluate the delivery of mental health interventions that are integrated in community settings.

References:

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2. Sirey JA, Solomonov N, Guillod A, Zanotti P, Lee J, Soliman M, Alexopoulos GS. PROTECT: a novel psychotherapy for late-life depression in elder abuse victims. *Int Psychogeriatr*. 2021 May;33(5):521-525. doi: 10.1017/S1041610221000430. Epub 2021 Apr 30. PMID: 33926591; PMCID: PMC8169597.
3. Bowen DJ, Bao Y, Sirey JA, Ratzliff ADH. Integrated behavioral health treatments: innovations to achieve population impact. *Transl Behav Med*. 2020 Aug 7;10(3):520-526. doi: 10.1093/tbm/ibaa059. PMID: 32687181; PMCID: PMC8453803.
4. Raue PJ, McGovern AR, Kiosses DN, Sirey JA. Advances in Psychotherapy for Depressed Older Adults. *Curr Psychiatry Rep*. 2017 Sep;19(9):57. doi: 10.1007/s11920-017-0812-8. PMID: 28726061; PMCID: PMC6149527.
5. Woods A, Solomonov N, Liles B, Guillod A, Kales HC, Sirey JA. Perceived Social Support and Interpersonal Functioning as Predictors of Treatment Response Among Depressed Older Adults. *Am J Geriatr Psychiatry*. 2021 Aug;29(8):843-852. doi: 10.1016/j.jagp.2020.12.021. Epub 2021 Jan 5. PMID: 33419660; PMCID: PMC8255325.