

Psychiatry Grand Rounds

WCM Department of Psychiatry

Psychology CE Announcement

The Social Determinants of Mental Health: Historical Perspectives and Future Directions

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University of California, Davis School of Medicine

Wednesday, March 6th, 2024

11:00am – 12:30pm

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345

1.5 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists and Social Workers who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture. Please contact wcmpsychiatryce@med.cornell.edu for additional CE information

SPEAKER: Dr. Shim received an honorarium from Otsuka Pharmaceuticals. This will NOT be discussed during the lecture. All views expressed are her own and do not necessarily reflect the opinions of Otsuka Pharmaceuticals

Ruth Shim, MD, MPH is the Luke & Grace Kim Professor in Cultural Psychiatry and Professor of Clinical Psychiatry in the Department of Psychiatry and Behavioral Sciences at the University of California, Davis. She also serves as Associate Dean of Diverse and Inclusive Education at the University of California, Davis School of Medicine. Dr. Shim received an MPH in health policy from Rollins School of Public Health at Emory University and an MD from Emory University School of Medicine. She is a member of the Board of Trustees of the Robert Wood Johnson Foundation and the Scientific Advisory Council of Bring Change to Mind, an organization co-founded by actress Glenn Close to reduce stigma and discrimination associated with mental illness. She serves on the Editorial Boards of JAMA Psychiatry, Psychiatric Services, Community Mental Health Journal, and American Psychiatric Publishing, and is co-editor of the books, *The Social Determinants of Mental Health*, and *Social (In)Justice and Mental Health*. Dr. Shim is an at-large member of the National Academies of Sciences, Engineering, and Medicine Forum on Mental Health and Substance Use Disorders, and the National Academies' ad hoc committee on Unequal Treatment Revisited: The Current State of Racial and Ethnic Disparities in Health Care. In 2021, she was the recipient of a NAMI Exemplary Psychiatrist Award and the UC Davis Health Deans' Award for Excellence in Mentoring. She was named a Top 20 Black Change Maker of 2023 by The Sacramento Bee. Dr. Shim provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic.

Abstract:

Since the seminal report by the World Health Organization, *Closing the Gap in a Generation*, which was published in 2008, the field of medicine has embraced the importance of social determinants of health and its relevance to driving health inequities. However, this increased awareness has impacted mental health and substance use disorders at a slower pace. This presentation will highlight the growth in the field and the new developments in the understanding of social determinants of mental health. Evidence of the role of social determinants of mental health in driving inequitable outcomes will be discussed. Finally, solutions for effectively addressing the social determinants of mental health will be discussed.

Learning Objectives:

1. Discuss key concepts associated with the social determinants of mental health.
2. Evaluate recent evidence of the role of social determinants in driving mental health inequities.
3. Identify solutions to addressing the social determinants of mental health.

References:

1. Shim, R. S., & Compton, M. T. (2020). The Social Determinants of Mental Health: Psychiatrists' Roles in Addressing Discrimination and Food Insecurity. *Focus (American Psychiatric Publishing)*, 18(1), 25–30. <https://doi.org/10.1176/appi.focus.20190035>
2. Shim, R. S., & Compton, M. T. (2018). Addressing the Social Determinants of Mental Health: If Not Now, When? If Not Us, Who?. *Psychiatric services (Washington, D.C.)*, 69(8), 844–846. <https://doi.org/10.1176/appi.ps.201800060>
3. Shim, R. S., & Compton, M. T. (2020). The Social Determinants of Mental Health: Psychiatrists' Roles in Addressing Discrimination and Food Insecurity. *Focus (American Psychiatric Publishing)*, 18(1), 25–30. <https://doi.org/10.1176/appi.focus.20190035>
4. Shim, R. S. (2021). Dismantling Structural Racism in Psychiatry: A Path to Mental Health Equity. *American Journal of Psychiatry*, 178(7), 592–598. <https://doi.org/10.1176/appi.ajp.2021.21060558>