

Psychiatry Grand Rounds

WCM Department of Psychiatry
Psychology CE Announcement

Continuing Cornell Psychiatry's Leadership Heritage in Sex Therapy and Sexual Medicine

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Weill Cornell Medicine | New York-Presbyterian

Wednesday, April 3rd, 2024

11:00am – 12:30pm

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345

1.5 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists and Social Workers who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture. Please contact wcmpsychiatryce@med.cornell.edu for additional CE information

SPEAKER: Dr. Perelman has disclosed the following financial relationships: Advisor at Kanna Health and Roman, Consultant at Mediflix, and investments at Palatin, Pfizer, and Sprout. Dr. Perelman DOES NOT INTEND to discuss off-label or investigational use of products or services.

Dr. Michael A. Perelman is an esteemed Clinical Professor Emeritus of Psychiatry and former Clinical Professor of Reproductive Medicine and Urology at Weill Cornell Medicine in NYC. He co-directed the world's longest-running sex therapy case conference for almost 30 years, wrote the first sex therapy dissertation in Columbia's history, and founded the MAP Education and Research Foundation, which emphasizes a biomedical-psychosocial and cultural approach to treat sexual disorders. Dr. Perelman is an international leader and member of 25+ professional associations, and has published over 70 peer-reviewed articles, countless abstracts, posters, and over 25 chapters in sexual medicine texts. He maintains an independent sex and couples' therapy practice in both Greenwich, CT, and Manhattan, and has conducted clinical trials and served on dozens of industry advisory boards and speakers' bureaus. His work in sex and marital therapy is often featured in the media.

Abstract:

The presentation discusses Cornell Medicine's Psychiatry department's work in modern sexual medicine and sex therapy, initiated by Helen S. Kaplan in the late 20th century. Kaplan's work led to the establishment of Cornell's Human Sexuality Program, which was later directed by Michael A. Perelman and Richard Kogan. The program's weekly meetings shifted to a bimonthly format via Zoom due to COVID-19. The second part of the presentation focuses on Perelman's Sexual Tipping Point® model, derived from Kaplan's work, which has been advocated for clinical use by specialists and non-specialist clinicians. The presentation also examines the role of mental health professionals in the intersecting fields of sexual medicine and sex therapy.

Learning Objectives:

1. Discuss our psychiatry department's role (beginning with Helen S. Kaplan, MD, PhD) in the development of modern sex therapy and sexual medicine.
2. Analyze the development of an expanded biopsychosocial model: The Sexual Tipping Point. ®
3. Explain to non-sexologist mental health professionals how they can use the Sexual Tipping Point® model to inspire hope and assist their patients with sexual issues.

References:

1. Perelman, M. A. (2023). Helen Singer Kaplan's Sexual Response Models and Legacy. In *Springer eBooks* (pp. 1–12). https://doi.org/10.1007/978-3-319-59531-3_79-1
2. Perelman, M. A. (2018). Sex Coaching for Non-Sexologist Physicians: How to use the Sexual Tipping Point model. *The Journal of Sexual Medicine*, 15(12), 1667–1672. <https://doi.org/10.1016/j.jsxm.2018.10.010>
3. Perelman M. A. (2016). Psychosexual therapy for delayed ejaculation based on the Sexual Tipping Point model. *Translational andrology and urology*, 5(4), 563–575. <https://doi.org/10.21037/tau.2016.07.05>
4. Perelman, M.A. Advocating For a Transdisciplinary Perspective in Sexual Medicine. *Curr Sex Health Rep* 7, 1–2 (2015). <https://doi.org/10.1007/s11930-015-0040-3>
5. Perelman, M. A. (2014). The history of sexual medicine. In *American Psychological Association eBooks* (pp. 137–179). <https://doi.org/10.1037/14194-005>