

Psychiatry Grand Rounds

WCM Department of Psychiatry
Psychology CE Announcement



**Weill Cornell
Medicine**
Psychiatry

Becoming Raced: Psychic Consequences of Transgenerational Racial Trauma

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at The New York Presbyterian Hospital/Columbia University

Live Online, Live In-person

Wednesday, December 18th, 2024

11:00am – 12:00pm

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345



1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture. Please contact wcmpsychiatryce@med.cornell.edu for additional CE information

Speaker

Dr. Dionne R. Powell, MD is a distinguished Training and Supervising Psychoanalyst at Columbia University Center for Psychoanalytic Training and Research (CUCPTR) and the Psychoanalytic Association of New York (PANY-NYU). She serves as an Adjunct Assistant Clinical Professor of Psychiatry at Columbia University, and a Clinical Assistant Professor at Weill Cornell Medical College. Dr. Powell is deeply involved in teaching, particularly in psychodynamic psychotherapy, trauma-informed therapies, and fostering clinical discussions on diversity. She co-leads the 2023-2024 Trauma-Informed Psychodynamic Therapies program and engages with PGY-IV residents from top New York institutions to address challenges in working with diverse populations. Her accolades include the 2021 APsA Master Teacher of the Year Award, the inaugural Margaret Morgan Lawrence Lecture (2022), the Solomon Carter Fuller Award (2022), and numerous others recognizing her contributions to psychoanalysis. She has also delivered prestigious lectures globally, including the Debbie Bellman Memorial Lecture (UK) and the George E. Daniels Award Lecture. Dr. Powell recently chaired a panel at the International Psychoanalytic Association 53rd Congress on the legacy of slavery and its psychic consequences, and presented at the Michigan Psychoanalytic Symposium on racialized experiences across the life cycle. A founding member of Black Psychoanalysts Speak, she is Co-Chair of the Holmes Commission on Racial Equity in American Psychoanalysis and Vice-President of the American Association for Psychoanalytic Education.

Financial Disclosure: Dr. Powell has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

Abstract

Race, including racism, racial trauma, and racial anxieties, continues to be contentious for psychoanalysts to consider as a psychic phenomenon. Unlike aggression and sexuality, racism is held in silence and resistance, inhibiting exploration of this aspect of mind. This paper expands on how we become raced by exploring the transgenerational transmission of racial trauma, writ large, and its intra-psychic, structuralizing components. Using examples from the creative arts and clinical vignettes to demonstrate how being raced, as a universal phenomenon, is embodied and symbolized in mind opens a therapeutic aperture for clinicians who may benefit from a psychoanalytic, intrapsychic perspective on this aspect of our shared humanity.

Learning Objectives

1. Demonstrate awareness of transgenerational racial trauma and its impact on individuals and communities.
2. Identify how transgenerational racial trauma manifests in clinical settings and influences therapeutic dynamics.
3. Develop skills and strategies for effectively addressing transgenerational racial trauma in clinical practice.

References

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2. Powell, D. R. (2020). From the Sunken Place to the Shitty Place: the film *Get Out*, Psychic emancipation and modern race relations from a psychodynamic clinical perspective. *The Psychoanalytic Quarterly*, 89(3), 415–445. <https://doi.org/10.1080/00332828.2020.1767486>
3. Powell, D. R. (2018). Race, African Americans, and psychoanalysis: collective silence in the therapeutic situation. *Journal of the American Psychoanalytic Association*, 66(6), 1021–1049. <https://doi.org/10.1177/0003065118818447>

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