

Psychiatry Grand Rounds

WCM Department of Psychiatry
Psychology CE Announcement

When Does Bias Start? What Training Didn't Teach You

Beverly J Stoute, MD

Co-Chair, Holmes Commission on Racial Equality in American Psychoanalysis
Training and Supervising Analyst, Emory University Psychoanalytic Institute
Child and Adolescent Supervising Analyst, The New York Psychoanalytic Institute
Adjunct Professor of Psychiatry and Behavioral Sciences, Emory University School of Medicine
Adjunct Clinical Professor of Psychiatry & Behavioral Sciences, Morehouse School of Medicine

Live Online, Live In-person
Wednesday, March 5th, 2025

11:00am – 12:00pm

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345



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1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the lecture. Note you can join no later than 10 minutes after the start of time and must stay for the entire duration of the event for CE eligibility. The CE survey must be completed within 30 days of the lecture. Please contact wcmpsychiatryce@med.cornell.edu for additional CE information

Speaker

Beverly J. Stoute, M.D., DFAPA, DFAACAP, FABP is a child, adolescent, and adult psychiatrist, psychoanalyst, leadership advisor, and organizational consultant. A leader in psychoanalysis, she serves as Co-Chair of the Holmes Commission on Racial Equality in American Psychoanalysis and is a Training and Supervising Analyst at Emory University Psychoanalytic Institute and The New York Psychoanalytic Institute. Dr. Stoute has held faculty positions at Emory University School of Medicine, Morehouse School of Medicine, and the Emory Goizueta Business School. An internationally recognized speaker and award-winning author, her work has been translated into multiple languages and archived at the Freud Museum in London. Her clinical practice integrates psychodynamic perspectives, psychopharmacology, community advocacy, and forensic assessment to treat complex psychiatric illnesses, trauma, and neurodivergent learning styles. Her work explores the development of implicit bias and the role of culture and society in shaping identity and mental health. Her 2023 book, *The Trauma of Racism: Lessons from the Therapeutic Encounter*, co-edited with Michael Slevin, examines racism's psychological impact through clinical insights. Dr. Stoute maintains a full-time private practice in Atlanta, GA.

Financial Disclosure: Dr. Stout has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

Abstract

Implicit bias permeates psychiatry and medicine. The cross-cultural dynamics of racial-ethnic socialization is a growing area of inquiry. Understanding how our minds become racialized early in development helps explain how implicit bias evolves and operates, structuring healthcare delivery on many levels. Based on thirty years of clinical experience with children, adolescents, and adults, the presenter will discuss recent research findings and present a theoretical formulation of the influence of culture on race awareness in the intrapsychic world. Reframing models of development from this perspective helps us appreciate how bias can affect the clinician's relational attunement and reflective mentalization in the therapeutic encounter. Clinical case examples demonstrate how understanding the basis of our biases facilitates therapeutic engagement with patients of all ages from varied ethnic backgrounds. Appreciating how our minds become racialized and using that knowledge in our work can be transformative for the patients we work with and for us as clinicians and point to new possibilities in psychiatric education and training.

Learning Objectives

1. Analyze nodal points in the evolution of race awareness and the development of racialized thinking from childhood through adolescence into adulthood.
2. Evaluate developmental and cultural differences in racial and ethnic socialization and their impact on relational attunement within the therapeutic relationship.
3. Demonstrate an understanding of how a clinician's ability to explore biased attitudes and interpret cross-cultural, multidetermined meanings of race fosters trust and enhances diagnostic assessment.

References

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2. Stoute, B. J. (2018). Racial socialization and thwarted Mentalization: reflections of a psychoanalyst from the lived experience of James Baldwin's America. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57(10), S117. <https://doi.org/10.1016/j.jaac.2018.09.015>
3. Wisniewski, J. M., & Walker, B. (2020). Association of simulated patient Race/Ethnicity with scheduling of primary care appointments. *JAMA Network Open*, 3(1), e1920010. <https://doi.org/10.1001/jamanetworkopen.2019.20010>

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