

# Psychiatry Grand Rounds

WCM Department of Psychiatry  
Psychology CE Announcement



**Weill Cornell  
Medicine**  
Psychiatry

## *Clinical Considerations for Working with Transgender and Nonbinary Clients*

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Clinical Associate Professor, Department of Psychiatry  
New York University

**Live Online, Live In-person**  
Wednesday, February 12th, 2025  
11:00am – 12:00pm

<https://weillcornell.zoom.us/j/92812036154>  
Meeting ID: 928 1203 6154  
Password: 12345



1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the lecture. Note you can join no later than 10 minutes after the start of time and must stay for the entire duration of the event for CE eligibility. The CE survey must be completed within 30 days of the lecture. Please contact [wcmpsychiatryce@med.cornell.edu](mailto:wcmpsychiatryce@med.cornell.edu) for additional CE information

### **Speaker**

Dr. Laura Erickson-Schroth (she/they), Chief Medical Officer for The Jed Foundation (JED), is a psychiatrist committed to improving mental health through education and resource creation. She provides guidance on how individuals, families, schools, communities, media, and youth-serving organizations can take actions to protect mental health and prevent suicide in teens and young adults, ensuring that all young people are being served in data-informed and culturally responsive ways. Prior to JED, Dr. Erickson-Schroth worked as an attending psychiatrist at the Columbia University Medical Center Comprehensive Psychiatric Emergency Program. She is currently an associate professor of psychiatry at New York University. Much of her career has focused on LGBTQIA+ mental health, and she continues to see clients at Hetrick-Martin Institute for LGBTQIA+ Youth. Dr. Erickson-Schroth is the editor of “Trans Bodies, Trans Selves” (Oxford, 2014, second edition 2022), a resource guide written by and for trans communities. She has appeared on NPR’s “Fresh Air” and “On Point.” She is a former board member of the Association of LGBTQ+ Psychiatrists and of GLMA: Health Professionals Advancing LGBTQ Equality. Dr. Erickson-Schroth obtained her medical degree from Dartmouth Medical School. She completed a psychiatry residency at New York University, public psychiatry fellowship at Columbia University, and consultation-liaison psychiatry fellowship at Mount Sinai.

*Financial Disclosure: Dr. Erickson-Schroth has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.*

### **Abstract**

Many clinicians are interested in supporting transgender and nonbinary clients, but receive little formal training that extends beyond basic terminology and general cultural competency. This session will dive deeper into the ways trans community members interact with health care systems, covering topics including medical and surgical options for transition-related care, the effects of prescribed hormones on mental health, interactions between prescribed hormones and psychiatric medications, the role of mental health providers in assessing capacity for gender-affirming surgeries, and how political changes are affecting trans communities' healthcare. Attendees will leave with concrete steps they can take to support trans and nonbinary clients.

### **Learning Objectives**

1. Describe the medical and surgical options for transition-related care and analyze the effects of prescribed hormones on mental health.
2. Explain the role of mental health providers in assessing capacity for gender-affirming surgeries.
3. Identify two ways in which political changes impact access to health care for trans communities.

### **References**

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2. Javier, C., Crimston, C. R., & Barlow, F. K. (2022). Surgical satisfaction and quality of life outcomes reported by transgender men and women at least one year post gender-affirming surgery: A systematic literature review. *International Journal of Transgender Health*, 23(3), 255–273. <https://doi.org/10.1080/26895269.2022.2038334>
3. Ebert, M. R., Guo, M. S., Klein, S. J., Doren, E. L., & Klement, K. A. (2024). Barriers of Access to Gender-Affirming Health Care and Surgery: A Systematic review. *Transgender Health*. <https://doi.org/10.1089/trgh.2023.0020>
4. Feldman, J. L., Luhur, W. E., Herman, J. L., Poteat, T., & Meyer, I. H. (2021). Health and health care access in the US transgender population health (TransPop) survey. *Andrology*, 9(6), 1707–1718. <https://doi.org/10.1111/andr.13052>

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