

# Psychiatry Grand Rounds

## WCM Department of Psychiatry

### Psychology CE Announcement



Weill Cornell  
Medicine  
Psychiatry

#### CURRENT CONSIDERATIONS REGARDING BEHAVIORAL ADDICTIONS

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YALE SCHOOL OF MEDICINE

**Zoom:**

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345

1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture. Please contact [wcmpsychiatryce@med.cornell.edu](mailto:wcmpsychiatryce@med.cornell.edu) for additional CE information



January 7, 2026



11 AM - 12 PM



Live Online

#### ABSTRACT

The most recent editions of the Diagnostic and Statistical Manual (DSM-5/DSM-5-TR) and the International Classification of Diseases (ICD-11) have introduced categories or subcategories relating to non-substance or behavioral addictions. While both nomenclature systems include gambling disorder as a clinical diagnosis, the ICD-11 also includes gaming disorder as a disorder due to addictive behavior. Other behaviors that may be potentially addictive (e.g., use of social media or pornography, especially when conducted on the internet) warrant consideration as the focus of addictions. In this presentation, current conceptualizations of behavioral addictions will be addressed, as will approaches for identification and treatment. How specific policies considering developmental vulnerabilities might help promote public health will also be covered.

#### LEARNING OBJECTIVES

1. Describe the core diagnostic features of disorders due to addictive behaviors, as reflected in current diagnostic criteria.
2. Explain empirically supported treatment approaches for disorders due to addictive behaviors.
3. Identify individuals with disorders due to addictive behaviors and discuss evidence-based strategies for prevention and treatment.

#### SPEAKER

**Marc N. Potenza, MD, PhD** is the Stephen M. Southwick Professor of Psychiatry at Yale School of Medicine, with appointments in the Child Study Center and Neuroscience. He directs Yale's Division on Addictions, Center of Excellence in Gambling Research, Women and Addictive Disorders Core of Women's Health Research, and the Yale Research Program on Impulsivity and Impulse Control Disorders. A board-certified psychiatrist with subspecialty training in addiction psychiatry, Dr. Potenza completed all of his post-secondary training at Yale. His research focuses on the neurobiology and treatment of addictions and related disorders of impaired impulse control, using neuroimaging, genetic, epidemiological, and clinical trial methodologies. Dr. Potenza has published over 1,000 peer-reviewed papers and chapters and is internationally recognized as a leader in addiction research. He serves on multiple editorial boards, including as Editor-in-Chief of Current Addiction Reports, and has advised organizations such as the NIH, APA, SAMHSA, and WHO. He has mentored more than 300 scholars and is President-elect of the International Society of Addiction Medicine.

#### REFERENCES

1. Potenza, M. N., Balodis, I. M., Derevensky, J., Grant, J. E., Petry, N. M., Verdejo-Garcia, A., & Yip, S. W. (2019). Gambling disorder. *Nature Reviews Disease Primers*, 5(1), 51. <https://doi.org/10.1038/s41572-019-0099-7>
2. Brand, M., Wegmann, E., Stark, R., Müller, A., Wölfling, K., Robbins, T. W., & Potenza, M. N. (2019). The Interaction of Person-Affect-Cognition-Execution (I-PACE) model for addictive behaviors: Update, generalization to addictive behaviors beyond internet-use disorders, and specification of the process character of addictive behaviors. *Neuroscience & Biobehavioral Reviews*, 104, 1–10. <https://doi.org/10.1016/j.neubiorev.2019.06.032>
3. Park, J. J., Stryjewski, A., Chen, B., & Potenza, M. N. (2025). Treatment of Gaming Disorder in Children and Adolescents: A Systematic review. *Journal of Korean Academy of Child and Adolescent Psychiatry*, 36(3), 106–121. <https://doi.org/10.5765/jkacap.250014>

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