



Postdoctoral Fellowships in Adult Clinical Psychology
NewYork-Presbyterian Hospital/Weill Cornell Medicine

<http://psychiatry.weill.cornell.edu/postdoctoral-psychology-fellowship-westchester>

The Department of Psychiatry at NewYork-Presbyterian Hospital (NYPH) Westchester Behavioral Health Center in White Plains, New York is accepting applications for a 1- to 2-year postdoctoral psychology fellowship position available in our Adult Outpatient Department.

The Adult Track fellowship aims to prepare the next generation of scientist-practitioners for careers in clinical psychology and academic research. Fellows are based in the outpatient department where they engage in the evaluation and treatment (individual and group-based) of adults presenting with a wide range of diagnoses. In consultation with a member of the psychology faculty, fellows develop individualized plans to address their specific training goals. Concentration opportunities in outpatient clinical work and research include the following:

- **CBT:** Fellows will receive comprehensive supervision in CBT, ACT and other evidence-based treatment for a broad range of disorders.
 - Those with an interest in cultivating specialized clinical skills will receive supervision in Exposure and Response Prevention (ERP) for OCD (and related disorders).
 - Fellows with an interest in trauma treatment will have the opportunity for supervision in Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE).
 - Fellows will both attend and are encouraged to contribute to the weekly CBT Seminar series which covers a wide range of topics and disorders relevant to mental health professionals.
 - Fellows will participate in unique live therapy and supervision experiences in weekly “Anxiety Behind the Mirror” meetings. Here, live CBT and ERP sessions are viewed by fellows and faculty via a one-way mirror (or ZOOM).
- **DBT:** Fellows will have the opportunity to gain experience in full-model DBT treatment.
 - Fellows can receive direct supervision in the delivery of individual DBT treatment, phone consultation, skills training, and participation on an adherent consultation team.
 - Fellows will also attend a foundations of DBT seminar series and have the opportunity to receive additional training in DBT-Prolonged Exposure.
- **Perinatal mental health:** Fellows have the opportunity to work in the perinatal clinic providing specialized mental health care to women pre-conception, in pregnancy, in the postpartum period, undergoing infertility treatment and after perinatal loss.
 - Fellows evaluate perinatal women presenting to the clinic along with the perinatal psychiatrist. The fellows are supervised by a psychologist in providing individual CBT and IPT to perinatal patients and also have the option to co-lead a perinatal CBT group.
 - Fellows may opt for additional experiences within women’s mental health, such as with perinatal inpatients on the Women’s Unit or with women going through the menopausal transition.
 - Perinatal didactic opportunities include weekly case conferences (both for the outpatient and inpatient teams), weekly cross-campus women’s rounds, our women’s mental health course, and a biweekly perinatal seminar.



As a part of their experience, fellows may elect to work on one of the specialty **inpatient units** of the hospital (e.g., Women’s Unit, Affective Disorders, Personality Disorders), where there are opportunities to participate in program, individual and group therapy, and development and supervision of psychology externs.

The Department of Psychiatry of Weill Cornell Medicine and NewYork-Presbyterian Hospital offer a variety of **didactics** for fellows in adult clinical psychology to enhance their training experience and engage in professional development (e.g., CBT, DBT, women’s mental health, providing culturally responsive clinical care to diverse patient populations).

The faculty encourages fellows to participate in a **clinical research elective** which includes 20% protected time. Fellows may work with research mentors at either the White Plains or Manhattan campus. Please visit our website for details on clinical rotations, didactics, and research opportunities.

Diversity is one of Weill Cornell Medicine and NewYork-Presbyterian Hospital’s core values and is essential to achieving excellence in patient care, research, and education. We welcome applications from candidates who share our commitment to fostering a culture of fairness, equity, and belonging. NewYork-Presbyterian Hospital is an Equal Employment Opportunity Employer, providing equal employment opportunities to all qualified applicants without regard to race, sex, sexual orientation, gender identity, national origin, color, age, religion, protected veteran or disability status, or genetic information. Trainees have an opportunity to participate in the Diversity, Equity, and Inclusion initiatives that are an ongoing effort to address systemic barriers to equitable care for diverse populations.

Requirements: Applicants must have a doctorate in Clinical Psychology from an APA-accredited program, evidence potential to participate in collaborative research (if considering the research elective) and be able to submit materials required to obtain the limited permit issued by the New York State Department of Education before the start date.

Application deadline: December 9, 2022

Start Date: September 1, 2023 (pending limited permit)

Fellowship Duration: One to two years

Benefits: Salary is \$52,000.00 for the first year and \$55,000.00 for the second year. As an employee of NYP, benefits include Aetna Health Insurance, and Cigna Dental insurance.

Application: Applicants should submit a current curriculum vitae, three letters of recommendation, and a letter of intent compiled into a single PDF document labeled with your last name, first initial, and application track (e.g., “Smith M Adult Track”). In the letter of intent, applicants should specify they are applying to the adult clinical psychology track, their career goals, a potential research mentor (if applicable), and their clinical training goals for the fellowship, including concentration areas of interest. Please address the letter of intent to Susan Evans, Director of Education at NewYork-Presbyterian Hospital/Weill Cornell Medicine and email the entire PDF file to Nina Huza, Staff Assistant at nih9002@nyp.org. All interviews will be held virtually over Zoom.