Weill Cornell Medicine Psychiatry Psychology Grand Rounds



Friday, June 20, 2025 12:00pm-1:00pm

Where: Live Online

https://www.eeds.com/sign_in.aspx?Sign_in_Code=92vats

*1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who attend the entire lecture, sign in via the EEDS system, and who complete an evaluation through EEDS within 30 days of the final session. Please contact <u>wcmpsychiatryce@med.cornell.edu</u> for additional CE information.

Please create a free EEDS account using your institutional email at least 24 hours before the lecture at <u>https://www.eeds.com/hp_signup.aspx</u>. Instructions for how to sign in to EEDS will be shared on the day of the event. Please contact <u>WCMPsychiatryCE@med.cornell.edu</u> for questions about setting up at EEDS account, or for additional CE information

Thomas Kim, PhD

Fellow of Psychology in Psychiatry Weill Cornell Medical College



<u>Financial Disclosure</u>: Dr. Kim has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

Dr. Thomas Kim is a Fellow of Psychology at Weill Cornell Medical College. Dr. Kim received his bachelor's degree from Swarthmore College, his Ph.D.in Clinical Psychology from the University of Pennsylvania, and completed his clinical internship at Weill Cornell Medicine. He is interested in predictive modeling of mental health treatment outcome, patient-reported outcome measures, and treatment for treatmentresistant depression.

PATIENT PERSPECTIVES IN THE TREATMENT FOR DEPRESSION

ABSTRACT

Prior research on the evaluation of mental health treatments has largely ignored patient perspectives, instead relying on the reduction in symptom severity scores. We explore patient-reported outcome measures in the context of treatments for depression, specifically what symptom changes patients value and the trajectory of side effects during the course of antidepressant treatment. We also attempt to provide some insight into a patient's satisfaction with their course of treatment for depression, using only their depression symptom severity scores.

LEARNING OBJECTIVES

- 1. Identify which depression symptom changes patients value in their course of treatment for depression.
- 2. Apply methodology to understand their patient's level of satisfaction with their course of treatment.
- 3. Assess whether their patient might be at risk of dropout from their antidepressant medication for depression.

REFERENCES

- 1. Kim, T. T., Xu, C., & Derubeis, R. J. (2021). Patients' judgments of the importance of treatment-induced reductions in symptoms of depression: The role of specific symptoms, magnitudes of change, and post-treatment levels. *Psychotherapy Research*, *32*(3), 404–413. https://doi.org/10.1080/10503307.2021.1938731
- 2. Kim, T. T., Xu, C., & DeRubeis, R. J. (2021). Mapping female patients' judgments of satisfaction to hypothetical changes in depression symptom severity. *Behavior Therapy*, *53*(2), 392–399. https://doi.org/10.1016/j.beth.2021.10.003
- 3. Kim, T. T., & Xu, C. (2024). Not all types of depressed patients who persist with their antidepressant treatment improve in side effect complaints: A comparison of treatment completers and dropouts in the STAR*D trial. Acta Psychiatrica Scandinavica. https://doi.org/10.1111/acps.13764

Weill Cornell Medicine (WCM) Department of Psychiatry, 525 E 68th St. New York, NY 10065, is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0192. WCM Department of Psychiatry is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0302. WCM is approved by the American Psychological Association to sponsor continuing education for psychologists. WCM maintains responsibility for this program and its content. The New York Presbyterian Hospital Department of Social Work is recognized by New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0155.