

Psychiatry Grand Rounds

WCM Department of Psychiatry
Psychology CE Announcement

Time of Opportunity: Working inclusively with communities to address mental health inequities

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Wednesday, April 26th 2023

11:00am – 12:30pm

<https://weillcornell.zoom.us/j/92812036154>

Meeting ID: 928 1203 6154

Password: 12345

1.5 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists and Social Workers who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture.

SPEAKER DISCLOSURE: Dr. Fortuna has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

Lisa Fortuna, MD, MPH is Professor of Psychiatry and Executive Vice-Chair in the Department of Psychiatry and Behavioral Sciences at UCSF and Chief of Psychiatry at Zuckerberg San Francisco General Hospital. She has been an investigator on several National Institutes of Health and foundation funded studies of Latinx and immigrant mental health, integrated care, and access to care. Her areas of expertise are child and adolescent psychiatry, treatment and research on PTSD across the lifespan, immigrant mental health, and health services, equity and implementation research including digital interventions to improve systems of care for disenfranchised communities.

Abstract: This presentation will start by defining some of the important learnings from mental health disparities research, including research conducted by the speaker over the past 10 years. We will consider how the framing of health disparities and inequities, social and structural determinants of health for communities of color, and immigrants has evolved in the field. We will then consider the implications for and examples of new models of research and clinical practice transformation that advance our ability to work together with communities to address mental health inequities, improve care and promote prevention.

Learning Objectives:

1. Discuss important learnings from mental health disparities research over the last 10 years
2. List at least two opportunities for addressing mental health inequities through research and clinical practice
3. List at least three principles important for working together with communities in addressing inequities in mental health needs, services, and related policy

References:

1. Alegria M, NeMoyer A, Falgàs Bagué I, Wang Y, Alvarez K. Social Determinants of Mental Health: Where We Are and Where We Need to Go. *Curr Psychiatry Rep.* 2018 Sep 17;20(11):95. doi: 10.1007/s11920-018-0969-9. PMID: 30221308; PMCID: PMC6181118.
2. Alvarez K, Cervantes PE, Nelson KL, Seag DEM, Horwitz SM, Hoagwood KE. Review: Structural Racism, Children's Mental Health Service Systems, and Recommendations for Policy and Practice Change. *J Am Acad Child Adolesc Psychiatry.* 2022 Sep;61(9):1087-1105. doi: 10.1016/j.jaac.2021.12.006. Epub 2021 Dec 28. PMID: 34971730; PMCID: PMC9237180.
3. Fortuna, L. R., Tolou-Shams, M., Robles-Ramamurthy, B., & Porche, M. V. (2020, June 1). Inequity and the Disproportionate Impact of COVID-19 on Communities of Color in the United States: The Need for a Trauma-Informed Social Justice Response. *Psychological Trauma: Theory, Research, Practice, and Policy.* Advance online publication. <http://dx.doi.org/10.1037/tra0000889>
4. Moore Q, Tennant PS, Fortuna LR. Improving Research Quality to Achieve Mental Health Equity. *Psychiatr Clin North Am.* 2020 Sep;43(3):569-582. doi: 10.1016/j.psc.2020.05.005. Epub 2020 Jun 27. PMID: 32773082.
5. Porche, M. V., Folk, J. B., Tolou-Shams, M., & Fortuna, L. R. (2022). Researchers' Perspectives on Digital Mental Health Intervention Co-Design With Marginalized Community Stakeholder Youth and Families. *Frontiers in psychiatry*, 13, 867460. <https://doi.org/10.3389/fpsy.2022.867460>