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**Weill Cornell
Medicine**
Psychiatry

Treating Alcohol Use Disorder with Alcohol Liver Disease



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SPEAKER DISCLOSURE: Dr. Khan has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

DATE



Tuesday March 5th 2024 | 7pm-8pm

Live online Webinar:



<https://weillcornell.zoom.us/j/92477153371>

Passcode: 728638

CONTINUING EDUCATION (Optional)



1 CE is available for a \$20 fee, available to **Psychologists** and **Social Workers** who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the workshop. *CME credits are NOT available for this event.*

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Content is appropriate for beginner, intermediate and advanced level practitioners.

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Abstract

Alcohol-associated liver disease is on the rise. Managing alcohol use disorder in such patients can feel very challenging, with treatment options seeming limited. My talk will be aimed at providing an overview of Alcohol Use Disorder and Alcohol Liver Disease and going over treatment principles along with options and their supporting data.

Biography

Mashal Khan, M.D. is a Xi'an-Jiaotong University School of Medicine graduate and trained at Maimonides Medical Center, where he served as Chief Resident. Following his residency training, he completed a Fellowship in Addiction Psychiatry at Icahn School of Medicine at Mount Sinai, Mount Sinai St. Luke's-West. He is board-certified in General and Addiction Psychiatry by the American Board of Psychiatry and Neurology. Dr. Khan is an Assistant Professor of Clinical Psychiatry at New York Presbyterian-Weill Cornell Medicine, where he works with the Liver Transplant Team and also serves as the Associate Program Director for the Addiction Psychiatry Fellowship. His area of interest and clinical focus include Technology-Assisted Interventions for Substance Use Disorders and management of Alcohol Use Disorder in patients with Alcohol Liver Disease.

Learning Objectives

1. Describe Alcohol Use Disorder and Alcohol Liver Disease.
2. Explain the neurobiological model of addiction.
3. Utilize treatments appropriate for Alcohol Use Disorder in Alcohol Liver Disease.

Suggested Reading

1. Nielsen, A. S., Askgaard, G., & Thiele, M. (2022). Treatment of alcohol use disorder in patients with liver disease. *Current opinion in pharmacology*, 62, 145–151. <https://doi.org/10.1016/j.coph.2021.11.012>
2. Hernández-Évole, H., Jiménez-Esquivel, N., Pose, E., & Bataller, R. (2024). Alcohol-associated liver disease: Epidemiology and management. *Annals of Hepatology*, 29(1), 101162. <https://doi.org/10.1016/j.aohep.2023.101162>
3. Cohen, S. M., Alexander, R. S., & Holt, S. R. (2022). The spectrum of alcohol use: Epidemiology, diagnosis, and treatment. *The Medical clinics of North America*, 106(1), 43–60. <https://doi.org/10.1016/j.mcna.2021.08.003>