



The Landscape of Digital Mental Health: A (New) Insider's Perspective



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SPEAKER DISCLOSURE: Dr. Maytal has no relevant financial relationship(s) to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.



DATE

Tuesday June 6th, 2023 | 7pm-8pm

Live online Webinar:



<https://weillcornell.zoom.us/j/92477153371>
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Content is appropriate for beginner, intermediate and advanced level practitioners.

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Abstract

Dr. Maytal will present an overview of the current state and scope of digital mental health services in the United States.

Additionally, Dr. Maytal will discuss the types of treatment modalities that digital health makes available, their advantages and disadvantages, which patients may best benefit from such care, and offer thoughts on the role such services will play in the future of mental health care.

Biography

Dr. Guy Maytal Chief of Integrated Care at Forge Health™. In this role, he is leading Forge Health™ initiatives to provide the highest quality care to clients with coexisting medical conditions, and to enhance the interface of Forge Health mental health & substance use services with medical specialties including primary care medicine, oncology, and others.

Most recently, Dr. Maytal served as Chief of Integrated Care and Psychiatric Oncology at New York-Presbyterian / Weill Cornell Medicine (2018-2023), where he provided clinical leadership in the development and growth of clinical services, provided expert consultation and clinical care for patients across a broad spectrum of diagnoses, and taught students and peers across multiple medical specialties. Previously, Dr. Maytal spent 11 years on the faculty of Massachusetts General Hospital (MGH) and Harvard Medical School, where he served in several leadership positions, including Medical Director of Psychiatry Ambulatory Services.

Dr. Maytal graduated with high honors from Harvard College and attended medical school at Johns Hopkins University. He completed residency in adult psychiatry at Massachusetts General Hospital / McLean Hospital, and Fellowship in Psycho-oncology and Psychosomatic Medicine at the Dana Farber Cancer Institute.

Dr. Maytal has written widely in his areas of clinical expertise, and has authored and co-authored peer-reviewed papers, review articles, and book chapters in various areas of psychosomatic medicine. Furthermore, Dr. Maytal is a dedicated and passionate teacher who is committed to training early-career clinicians as well as to the ongoing education of practicing clinicians. Dr. Maytal continues to serve as a Clinical Assistant Professor of Psychiatry at Weill Cornell Medical College and has been a Distinguished Fellow of the APA since 2018.

Learning Objectives

1. Demonstrate a basic understanding of the digital mental health sector in the United States.
2. Explain the general overview of treatment modalities that digital health makes available.
3. Identify which patients could benefit from digital mental health interventions.
4. Describe how digital interventions may be incorporated into mental health care as usual.

Suggested Reading

1. Prescription of Controlled Substances After the Federal Public Health Emergency: <https://omh.ny.gov/omhweb/guidance/prescriptions-after-cv19-federal-emergency.pdf>
2. Telehealth for the treatment of Serious Mental Illness and Substance Use Disorders: <https://store.samhsa.gov/sites/default/files/pep21-06-02-001.pdf>
3. DEA Proposed Rules for Permanent Telemedicine Flexibilities: <https://www.dea.gov/press-releases/2023/02/24/dea-announces-proposed-rules-permanent-telemedicine-flexibilities>