



Psychiatric Care and Cardiac Transplantation

Abstract

This presentation will focus on psychiatric factors important to the care of solid organ transplant candidates and recipients, with an emphasis placed on cardiac transplant patients. Transplant evaluations will be discussed, with education provided on factors key to the optimization of transplant outcomes. In navigating these topics, the presentation will look beyond classic DSM symptomology and will focus on the sub-clinical experiences that many transplant patients face both pre- and post-transplantation. Empirical research and anecdotal findings will be presented to empower audience members to provide effective care to patients receiving advanced cardiac therapies (transplantation and Left-Ventricular Assist Devices), related cardiac interventions, and other solid organ transplantations.

Biography

Dr. Jesse Allen-Dicker is an Assistant Professor of Psychology in Clinical Psychiatry at Weill Cornell Medicine. In this capacity, he serves on the Consultation-Liaison service as the clinical psychologist for the heart failure and transplant team. Dr. Allen-Dicker is also a supervising psychologist within the Integrated Behavioral Health program which serves primary care patients across the New York metropolitan area. Dr. Allen-Dicker's research and academic work has focused on the treatment of patients with medical illnesses, the expansion of psychological services within inpatient and outpatient medical settings, and the role of exercise and sleep in performance and mood functioning. Prior to joining the faculty at Weill Cornell, Dr. Allen-Dicker obtained a Ph.D. in Clinical Psychology from Fairleigh Dickinson University and completed a Post-Doctoral Fellowship with an emphasis in Consultation-Liaison and Medical Psychology at Lenox Hill Hospital/Northwell Health.

Learning Objectives

1. Describe key factors involved in assessing psychiatric risk in heart transplant candidates.
2. Identify common psychiatric symptoms experienced by transplant candidates and recipients, and discuss evidence-based strategies for managing these symptoms.
3. Recognize complex interpersonal and systems-level challenges that may arise in the context of transplant care and apply strategies to address them within psychiatric practice

Suggested Reading

1. Dew, M. A., Rosenberger, E. M., Myaskovsky, L., DiMartini, A. F., Dabbs, A. J. D., Posluszny, D. M., Steel, J., Switzer, G. E., Shellmer, D. A., & Greenhouse, J. B. (2015). Depression and anxiety as risk factors for morbidity and mortality after organ transplantation. *Transplantation, 100*(5), 988–1003. <https://doi.org/10.1097/tp.0000000000000901>
2. Zimbrea, P. C., Andrews, S. R., Hussain, F., Fireman, M., Kuntz, K., Niazi, S. K., Simpson, S. A., Soeprono, T., Winder, G. S., & Jowsey-Gregoire, S. G. (2023). ACLP Best Practice Guidance: Evaluation and treatment of depression in solid organ transplant recipients. *Journal of the Academy of Consultation-Liaison Psychiatry, 64*(4), 357–370. <https://doi.org/10.1016/j.jaclp.2023.03.007>
3. Caro, M. A., Rosenthal, J. L., Kendall, K., Pozuelo, L., & Funk, M. C. (2016). What the Psychiatrist Needs to know about ventricular Assist Devices: A Comprehensive review. *Psychosomatics, 57*(3), 229–237. <https://doi.org/10.1016/j.psych.2016.01.002>
4. Maldonado, J. R., Sher, Y., Lolak, S., Swendsen, H., Skibola, D., Neri, E., David, E. E., Sullivan, C., & Standridge, K. (2015). The Stanford Integrated Psychosocial Assessment for Transplantation. *Psychosomatic Medicine, 77*(9), 1018–1030. <https://doi.org/10.1097/psy.0000000000000241>
5. Maldonado, J. R., Sher, Y., Lolak, S., Swendsen, H., Skibola, D., Neri, E., David, E. E., Sullivan, C., & Standridge, K. (2015). The Stanford Integrated Psychosocial Assessment for Transplantation. *Psychosomatic Medicine, 77*(9), 1018–1030. <https://doi.org/10.1097/psy.0000000000000241>



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<https://weillcornell.zoom.us/j/9247715337>

1

Passcode: 728638



CONTINUING EDUCATION (Optional)

1 CE is available for a \$20 fee, available to **Psychologists, Social Workers and LMHC's** who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the workshop. *CME credits are NOT available for this event.*

Click here <https://tinyurl.com/2p8n453v> or scan QR Code Below to purchase CE credit for this event:



Content is appropriate for beginner, intermediate and advanced level practitioners.

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