



About the Event

This talk examines gender-affirming care for children and adolescents through a clinical, evidenced-informed lens. It reviews a growing body of research associating gender-affirming care with improved health and mental health outcomes. We will discuss the importance of a comprehensive evaluation process and the importance of close collaboration between mental health providers and medical teams. Finally, there will be a brief overview of the current socio-political challenges this care is facing in the United States



Thursday, February 26th, 2026
10:30am - 11:30am



Virtual Lecture:

https://www.eeds.com/sign_in.aspx?Sign_in_Code=18roto



1 CE credit hour is available free of charge to Weill Cornell Medicine Department of Psychiatry, full time and voluntary psychology, social work and LMHC faculty

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Evaluation forms will be available in your EEDS account following the lecture if you have met the attendance requirement, and eligible participants will also receive the evaluation link by email.



Instructional Level: This event is appropriate for all audiences (introductory, intermediate and advanced).



Financial Disclosure: Dr. Lopez Molina has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.



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Speaker Biography:

David Lopez Molina, PhD is an Assistant Professor of Psychology in Clinical Psychiatry at Weill Cornell Medicine College. He completed his doctorate in counseling psychology from Teachers College, Columbia University, where he earned an advanced certificate in psychology and education in working with LGBTQ populations. His research has focused on the impact of public policy in the creation of discriminatory environments for LGBTQ people, and its impact on negative mental health outcomes, including suicidal thoughts and behaviors. He completed his postdoctoral fellowship at NYU Child Study Center in the combined Gender and Sexuality services and DBT-A track.

Learning Objectives:

1. Identify the benefits of developmentally appropriate gender affirming care for youth.
2. Describe the comprehensive evaluation and intervention processes in providing gender affirming care to youth and their families.
3. Critique the current socio-political climate around gender affirming care in the United States.

References:

1. Tordoff, D. M., Wanta, J. W., Collin, A., Stepney, C., Inwards-Breland, D. J., & Ahrens, K. (2022). Mental health outcomes in transgender and nonbinary youths receiving Gender-Affirming Care. *JAMA Network Open*, 5(2), e220978. <https://doi.org/10.1001/jamanetworkopen.2022.0978>
2. Abreu, R. L., Sostre, J. P., Gonzalez, K. A., Lockett, G. M., Matsuno, E., & Mosley, D. V. (2022). Impact of gender-affirming care bans on transgender and gender diverse youth: Parental figures' perspective. *Journal of Family Psychology*, 36(5), 643-652. <https://doi.org/10.1037/fam0000987>
3. Green, A. E., DeChants, J. P., Price, M. N., & Davis, C. K. (2021). Association of Gender-Affirming hormone therapy with depression, thoughts of suicide, and attempted suicide among transgender and nonbinary youth. *Journal of Adolescent Health*, 70(4), 643-649. <https://doi.org/10.1016/j.jadohealth.2021.10.036>