“Treating Selective Mutism in Children”

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Postdoctoral Psychology Fellow
NewYork-Presbyterian-Westchester Behavioral Health Center.

Thursday, June 29th, 2023
12:00pm – 1:00pm

https://weillcornell.zoom.us/j/99138034297?from=addon
Meeting ID: 991 3803 4297

Dr. Adina Chesir is a postdoctoral psychology fellow in the Child and Adolescent Outpatient Department at NewYork-Presbyterian Westchester Behavioral Health Center. Dr. Chesir earned her PsyD from Yeshiva University with a combined specialization in clinical child psychology and school psychology. She completed an APA-accredited internship at the Child Guidance Center in Stamford, CT, with other training experiences including inpatient and outpatient hospital settings, community mental health centers, and schools. Dr. Chesir has been trained in a variety of therapeutic modalities including cognitive-behavioral therapy, dialectical-behavioral therapy, psychodynamic therapy, and attachment-based interventions. Her primary clinical and research interests include anxiety disorders and OCD in children and adolescents.

Abstract:
This presentation will focus on the etiology and treatment of Selective Mutism in young children. The current conceptualization of SM and differential diagnosis from other anxiety disorders will be explored. Discussion of treatment for SM will focus on PCIT-SM, a behavioral approach adapted from a treatment for disruptive behaviors. In-depth explanation will be provided for the various phases and applications of this treatment.

Learning Objectives:
1) Describe the current conceptualization of the etiology of Selective Mutism in children.
2) Identify each phase of the PCIT-SM treatment.
3) Apply "PRIDE" skills for treatment of child anxiety.

References: