



## Free to Attend

for all members of the WCM Community; faculty, staff and trainees welcome!



### Michael Woods, MD

Assistant Professor of Clinical Psychiatry  
Weill Cornell Medical College, Cornell University



Tuesday September 15th 2025 | 7pm-8pm



<https://weillcornell.zoom.us/j/92477153371>  
Passcode: 728638



#### CONTINUING EDUCATION (Optional)

**1 CE is available for a \$20 fee**, available to **Psychologists, Social Workers and LMHC's** who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the workshop. *CME credits are NOT available for this event.*

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Content is appropriate for beginner, intermediate and advanced level practitioners.

Sponsored by the Weill Cornell Medicine  
Department of Psychiatry Faculty Council

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This event is hosted by the WCM Academy of Behavioral Health and Continuing Education. Information regarding CE program please visit the WCM CE website: <https://psychiatry.weillcornell.edu/education-training/continuing-education>. For additional questions contact [wcmpsychiatryce@med.cornell.edu](mailto:wcmpsychiatryce@med.cornell.edu).

## **Gambling Disorder and Other Behavioral Addictions: A Clinical Guide for Psychiatric Practice**

### Abstract

This presentation will provide an overview into core parent management skills and strategies to enhance the success of our patients who learn them. Dr. Temkin-Yu will outline the importance of balancing positive parenting strategies with conflict and behavior management. Audience members will also learn ways to increase parent confidence in skills use, and increase the likelihood of follow through using preemptive problem solving.

### Biography

Dr. Andrea Temkin-Yu is an Attending Psychologist and Assistant Professor of Psychology in Clinical Psychiatry at Weill Cornell Medicine. She earned her Psy.D. from The Graduate School of Applied and Professional Psychology at Rutgers University, completed her pre-doctoral internship at Bellevue Hospital Center/NYU Child Study Center, and was a post-doctoral fellow at the NYP Center for Youth Mental Health. She has expertise in evidence-based treatments for child and adolescent mental health and specializes in parent-focused interventions. She is currently leading the Weill Cornell Medicine Empowered Parents Program, which aims to increase access to preventive, parent-focused support. Dr. Temkin-Yu's research focuses on improving treatments for children and adolescents through technology and through the use of transdiagnostic interventions.

### Learning Objectives

1. Identify at least three effective strategies parents can use to support youth struggling with mental health concerns.
2. Demonstrate how to teach a new parenting skill, such as validation or emotion regulation, to a caregiver during a session.
3. Describe three approaches to help parents improve the implementation of Parent Management Training (PMT) skills.

### Suggested Reading

1. Yeh, M., Diaz, D., Zerr, A., Macias, A., & McCabe, K. (2023). Youth-Therapist and Parent-Therapist match and mismatch on internalizing and externalizing treatment goals as predictors of treatment engagement. *Adolescents*, 3(4), 678–692. <https://doi.org/10.3390/adolescents3040048>
2. Fasulo, S. J., & Waugh, W. E. (n.d.). The Family Time-Out: a Trans-Diagnostic, Family-Level intervention protocol to reduce harmful conflict. In APSAC ADVISOR (Vol. 37, Issue 3, pp. 36–37) [Journal-article]. <https://www.apsaclub.org/publications/2024%20Number%203/10753.pdf>
3. Sarfan, L. D., Zieve, G., Gumport, N. B., Xiong, M., & Harvey, A. G. (2023). Optimizing outcomes, mechanisms, and recall of Cognitive Therapy for depression: Dose of constructive memory support strategies. *Behaviour Research and Therapy*, 166, 104325. <https://doi.org/10.1016/j.brat.2023.104325>