



**Weill Cornell  
Medicine**

**New York-  
Presbyterian**

**New York-Presbyterian Hospital**

**Weill Cornell Medicine**

**Training Programs in Clinical Psychology**

**2023-2024**



# Susan Evans, Ph.D., Director

Psychology Internship Training Program



**Weill Cornell Medicine**  
Psychiatry

## **NewYork-Presbyterian Hospital Weill Cornell Medicine**

NewYork-Presbyterian Hospital/Weill Cornell Medicine is one of the world's leading institutions for the care of the sick, and is renowned for its teaching, research, and preventative medicine. New York-Presbyterian Hospital (formerly known as the New York Hospital) is the oldest hospital in New York State and the second oldest in the United States, created by royal charter in the reign of King George III in 1771. From its inception, the Hospital has treated psychiatric patients. The present hospital complex opened in 1932 on a site overlooking the East River in Manhattan. The complex includes the Weill Cornell Medical College, New York-Presbyterian Hospital, The Memorial Sloan-Kettering Cancer Center, and The Hospital for Special Surgery. The mission of NewYork-Presbyterian Hospital highlights a commitment to excellence in clinical service, education, research, and community service. Specifically, its mission is “dedicated to:

- Educating the next generation of health care professionals.
  - Developing groundbreaking research,
  - Advancing innovative, patient-centered clinical care,
  - Serving the needs of our local, national, and global community.”
- (<https://infonet.nyp.org/Pages/Culture.aspx>)

Founded in 1898, Weill Cornell Medical College (WCMC), Cornell University's medical school located in New York City, is committed to excellence in research, teaching, patient care and the advancement of the art and science of medicine, locally, nationally, and globally. Affiliated with NewYork-Presbyterian Hospital (NYPH) since 1927, NYPH is the nation's largest not-for-profit, nonsectarian hospital, providing state-of-the-art inpatient, ambulatory, and preventive care in all areas of medicine. NYPH is the number one hospital in the New York metropolitan area and is consistently ranked among the best academic medical institutions in the nation, according to U.S. News & World Report.

Payne Whitney Clinic and The Westchester Behavioral Health Center are the psychiatric sections of the New York-Presbyterian Hospital Weill Cornell Medical Center. The Payne Whitney Clinic, endowed by Payne Whitney in 1927, was built as an integral part of the Medical Center, and in 1932 was designated as the Manhattan site

of the Department of Psychiatry. In 1821, the Hospital established a separate division, the Bloomingdale Hospital (1821-1889), for the care of the mentally ill, located at the present site of Columbia University. In 1894 that hospital was moved to a 236-acre setting in White Plains, thirty miles from New York City and today is known as The Westchester Behavioral Health Center.

## The Psychology Internship Program

### **Philosophy and Training Model**

The Department of Psychiatry at NewYork-Presbyterian/Weill Cornell Medicine maintains an APA-accredited Predoctoral Internship Program that is dedicated to training interns to be competent clinical scientists. The training program upholds the educational goals of providing comprehensive, quality training in clinical psychology in both direct services and research domains.

This philosophy of training is consistent with the mission of the Hospital aimed to deliver excellence in patient care, teaching, and research. To accomplish this mission, the Internship Program follows a clinical science model of training. This experiential model involves immersing the interns in core areas of clinical psychology including psychiatric diagnosis and evaluation, neuropsychological assessment, evaluation and consultation of acutely ill patients, and empirically supported psychotherapies of a heterogeneous patient population.

The NYP-WCM internship fosters a training culture in which differences among faculty, trainees, staff, and patients is valued and respected (including, but not limited to, difference in race, ethnicity, sexual orientation, gender identity, sex, ability, religious practice, socioeconomic class, citizenship, age, and life experience). We are committed to developing practices that champion diversity, equity, and inclusion in areas of patient care, education, professional development, and advocacy.

The Internship Program is a member of The Academy of Psychological Clinical Science.

### **Training Goals**

The primary goal of the NewYork-Presbyterian Hospital/ Weill Cornell Medicine Psychology Internship is to train interns to become clinical scientists. The education and training model emphasizes direct clinical service and a range of clinical experiences with our faculty. The Internship teaches facts and theories in clinical psychology including knowledge of the current diagnostic system, current theories and models of psychopathology, theories and methods of psychotherapy and clinical intervention,

principles and administration of psychological and neuropsychological tests, and methods and practice of consultation and supervision. Interns are expected to develop competencies in the areas of research, ethical and legal standards, individual and cultural diversity, professional values, attitudes, and behaviors, communication, and interpersonal skills, assessment and diagnostic evaluation methods, intervention, supervision, and consultation. To achieve these goals, the program is structured with training sessions and seminars in the beginning of the academic year. Competencies are measured at intervals during the year with the expectation that competencies increase in strength over the course of the year.

Another goal of the program is to stimulate an area of expertise within a clinical area to facilitate a deepening of knowledge and skill. To achieve this goal, interns participate in four-month clinical rotations choosing from a wide number of settings (e.g. Psycho-oncology, Women's Health, Child and Adolescent Psychiatry, Inpatient Psychiatry). Finally, the Program seeks to foster training for interns interested in pursuing clinical research careers. To this end, the Internship offers a Research Placement Program (RPP) that guarantees 4-6 hours of protected time for an intern to conduct research with a mentor with whom they share clinical and academic interests. Interns who have completed their dissertation are eligible for this program. It is expected that by the end of the year, the intern's activities will have translated into authorship on manuscripts and/or presentations at national conferences. Scholarly inquiry is fostered for all interns through a range of venues including Psychiatry and Psychology Grand Rounds, seminars, research presentations and lectures.

## **COMPETENCIES FOR INTERNSHIP TRAINING**

Competency 1. Displays necessary self-direction in gathering clinical and research practice independently and competently. Seeks out scientific knowledge to enhance knowledge about clinical practice and other relevant areas.

Competency 2. To have knowledge of and competence in ethical principles and practice as well as legal standards for clinical psychology.

Competency 3. Displays sensitivity to the cultural and individual diversity of patients and committed to providing culturally sensitive services.

Competency 4. Demonstrates professional and appropriate attitudes and behaviors with patients, treatment teams, staff, peers, and supervisors.

Competency 5. Communicates effectively and collaboratively with patients, supervisors, staff, and colleagues.

Competency 6. Demonstrates a thorough working knowledge of psychiatric diagnostic nomenclature and DSM multiaxial classification. Has a working knowledge of neuropsychological assessment strategies.

Competency 7. Provides competent, effective, and evidenced based psychotherapy to range of patients presenting to the medical center.

Competency 8. Demonstrates knowledge of the supervisory role in clinical practice as consumer and provider. Employs these skills in a consistent and effective manner in peer consultation and with supervisors.

Competency 9. Performs assessment of patients referred for consultation and provides appropriate level guidance to other health professionals.

## **Core Clinical Experience**

The core curriculum includes attendance at core didactic seminars, training in diagnostic evaluation, assessment of acutely ill patients and adult psychotherapy. Interns conduct psychiatric evaluations weekly in the evaluation service, conduct evaluations and triage acutely ill patients in the Comprehensive Psychiatric Emergency Program (CPEP) and provide individual weekly psychotherapy to adult patients.

\*During the COVID-19 Pandemic, interns have conducted outpatient services over zoom. Supervision and clinical training have been mostly virtual. Participation in the CPEP has been limited. As the pandemic recedes, interns can expect to conduct patient services and receive supervision in person.

## **Standing Didactic Seminars**

### **Cognitive Therapy Clinic Video Case Conference - Monday 1:00-2:00 PM**

*The Cognitive Therapy Clinic case conference focuses on group supervision of individual cases. Interns and fellows participating in the case conference present videotape clips of their work with patients to receive feedback from the group on questions related to implementation of empirically supported therapies, therapist skill and therapy process. Dr. Evans supervises this seminar.*

### **Cognitive Therapy Clinic Disposition Planning Meeting - Monday 2:00-3:00 PM**

*The Cognitive Therapy Clinic Disposition Planning meeting focuses on discussing diagnosis and treatment planning for cases that were seen in evaluation service. In addition, throughout the year, didactics are included which focus on the psychiatric interview and mental status exam. Dr. Evans supervises this meeting.*

### **Professional Development Meeting – alternate Mondays 3:00 - 5:00 PM**

*The Professional Development meeting focuses on all aspects of the Internship Program and allows the interns and Director the opportunity to discuss and explore career opportunities and development. Occasionally, July-September will deal with orientation to the Internship Program and preparation for Postdoctoral Fellowships (with additional coverage on ethical and legal topics and diversity training and research and writing. The second half of the year is devoted to discussion of career paths and education around a particular topic provided by former interns.*

### **Neuropsychological Testing Seminar – alternate Mondays 4:00-5:00 PM**

*The seminar is designed to expose clinical psychology interns to a broad range of neuropsychiatric disorders that result in comorbid cognitive and emotional dysfunction. Each one-hour seminar is framed around a brain-behavior neuropsychological perspective of the pathophysiology and treatment of a range of disorders including depression, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, traumatic brain injury, stroke, dementia, functional neurological disorder, and substance use. Special attention is paid to how the brain-based cognitive sequelae of these disorders can manifest in a clinical interaction and psychotherapy. Additional topics include the use of cognitive-behavioral strategies to target attention, organization, procrastination, and memory. Psychology interns can present cases that relate to the topics (e.g., cases such as an older adult patient with depression and comorbid executive dysfunction and another with co-occurring PTSD and cognitive impairment after hospitalization in an ICU). Certain seminar topics are also organized as a journal club to allow for psychology interns to engage in critical thinking around especially impactful issues in neuropsychology (e.g., effect of cannabis use on cognition, long-term impact of head trauma in athletes). Finally, psychology interns learn foundational skills in being consumers of neuropsychological reports, with specific seminars devoted to reading and interpreting neuropsychological evaluation data.*

*The Neuropsychological Testing seminar includes both didactics and case presentations. Dr. Abhishek Jaywant supervises this seminar.*

### **Psychology Grand Rounds - Third Thursday of the Month 12:00 - 1:00 p.m.**

*The Psychology Grand Rounds meeting occurs on the third Thursday of the month. Meetings until further notice are held via Zoom. Each month features a presentation of expert clinical and research psychologists and discussion in which the faculty, staff, postdoctoral fellows, and interns are engaged. (See appendix X for list of 2021-2022 grand rounds).*

### **Other required seminars and trainings:**

#### **Summer Cognitive Behavioral Therapy Course (July-August)**

*The psychology interns and psychiatry residents attend this six-week course. Participants learn core processes and skills of CBT. The program is highly experiential with the interns and residents practicing core skills through interactive measures such as role plays and a adopting a self-change project. (Susan Evans, Ph.D., Nathan Thoma, Ph.D., Jamie Schumpf, Ph.D., Kate Herts, Ph.D.)*

**Evaluation Service Seminar:** *This seminar is led by the supervising psychiatrist in the evaluation service. The seminar addresses the structure of the psychiatric interview, note writing, evaluating suicide risk and procedures. Lecture one covers the Psychiatric Interview (goals, approach, safety issues, confidentiality, methods, interventions, organization), Diagnostic Evaluation (necessary components), Mental Status Exam and Suicide Assessment. Lecture two covers Introduction to Competencies in Psychopharmacology (basic categories of psychopharmaceuticals, indications, risks/benefits) and Writing an Evaluation and Progress Note. Lecture two covers brief review of DSM V, focusing on changes from DSM IV to DSM V. (Diana Feldman, M.D.)*

**Seminar in Ethical and Legal Standards-** *Dr. Dawn Hughes is a board-certified forensic psychologist. She teaches two 2-hours ethics seminars entitled Ethics and Professional Risk Management in the Practice of Psychology to the psychology interns in an interactive format with case examples and vignettes that are guided by the American Psychological Association (APA) Ethical Principles and Professional Code of Conduct (EPPCC) (APA, 2017). This course addresses professional risk management and ethical concerns through the lens of real-world and contemporary dilemmas that psychologists confront. Topics covered include common EPPCC standards and principles including informed consent, confidentiality and privilege, clinical documentation, an exploration of boundaries crossings and boundary violations, self-disclosure, mandated reporting, and managing suicidal patients. These seminars provide a framework to contemplate ethical dilemmas with forethought and to make informed decisions that protect clients from harm and mitigate professional risk. (Dawn Hughes, Ph.D.)*

**Weill Cornell Diversity, Equity, Inclusion (DEI) Reading Groups.** *This is a multidisciplinary group that meet quarterly throughout the academic year includes faculty, departmental staff, and psychology and psychiatry trainees. The goals of the group are to 1) improve knowledge and awareness of DEI topics as they pertain to psychiatry; 2) provide a structured and safe environment to discuss DEI topics in the workplace; 3) spark interest in future conversations and action surrounding DEI in the department. These facilitated small groups meet quarterly during the academic year.*

**Seminar on diversity, inclusion, equity-** *Interns discuss experiences with considering multiple aspects of their own and their patients' identity (e.g., race, ethnicity, gender, sex, socioeconomic status, ability) in therapy. Topics discussed include when and how to discuss of difference and similarity in CBT; the ADDRESSING (age, developmental disabilities, acquired disabilities, religion, ethnicity, sexual orientation, socioeconomic status, indigenous group membership, nationality, and gender) model of the importance of considering complexities of individual identity; microaggressions in clinical practice; and how identity can affect the multiple levels of CBT case conceptualization. Case examples are used as well as material from readings (e.g., "Racial microaggressions in everyday life: implications for clinical practice," Sue et al., 2007; "Microaggressions in Clinical Training and Practice," Overland et al., 2019). Interns are encouraged to continue discussion of identity and its impact on therapy and case conceptualization with their supervisors. (Elena Mayville, Ph.D., leads this seminar).*

**Workshop series on delivering culturally responsive clinical assessments and interventions.** This seminar is led by a steering committee of psychologists, psychology postdoctoral fellows, and social workers, geared towards providing skills, strategies, and resources for delivering culturally responsive care to the patient population at NYP. Topics covered during these quarterly workshops include strategies and resources for providing culturally responsive clinical assessments and interviewing of symptoms, as well as the delivery of culturally informed interventions. During each structured workshop, educational materials are read or viewed, analyzed, and processed, and resources are made available to all attendees interested in incorporating the skills taught in their clinical work. Feedback is also collected regularly to ensure workshops are experienced as productive and welcoming to all, and topics include those that attendees are interested in learning more about. (Stephanie Cherestal, Ph.D. organizes this seminar).

**Seminar on supervision**-The APA and psychology training programs have increased efforts to view clinical supervision as its own entity, and to allow students to learn about this essential gatekeeping role earlier in their graduate school training. In the past, it was assumed that any clinician could be a competent clinical supervisor if they had been supervised. The goal of this seminar is twofold. Interns will explore theories of clinical supervision (e.g., cognitive behavioral, psychodynamic, and other evidence-based modalities) through readings, videos, and guided discovery. Interns are encouraged to explore and discuss their own experiences of supervision, past and present, to become cognizant of what has been helpful and transformative. In addition, interns will supervise one other using the Cognitive Therapy Rating Scale (CTRS) to further clarify their attitudes and beliefs about what constitutes effective clinical supervision. (Lori Davis, Psy.D. is the seminar leader).

## **Elective Rotations**

In addition to the core curriculum, interns participate in elective rotations. Each rotation is for a four-month period, so the intern can participate in at least two rotations over the course of the year. Some of the rotations may take place at The Westchester Behavioral Health Center and Memorial Sloan Kettering Cancer Center (MSKCC). Listed below are currently designated rotations:

- 1) Anxiety and Traumatic Stress Studies
- 2) CBT Child Anxiety and Tic Program
- 3) Youth Anxiety Center
- 4) Memory Disorders Program
- 5) Personality Disorders Institute
- 6) Memorial Sloan Kettering Cancer Center
- 7) Pediatric Behavioral Health Psychology
- 8) Women's Health Program



9) Neuropsychology

10) Inpatient Psychiatry at WBHC (Women's Unit, Borderline Unit, The Haven, Eating Disorders Unit, Adolescent Inpatient Unit).

\*Psychological testing occurs in the rehab medicine unit with particular emphasis on basic neuropsychological and psychodiagnostics. Interns are responsible for consulting with the referring clinician, administering the test battery, scoring the data, completing the report, and providing feedback to the referring clinician. Dr. Abhishek Jaywant is the attending neuropsychologist responsible for the supervision of interns on this rotation.

If an intern has a particular interest in an area of psychology that is not listed, the training director will assist in developing an experience that is compatible with the intern's clinical interests.

### **Research Placement Program (Elective)**

Interns who have completed their dissertation are eligible for the Research Placement Program (RPP). 4-6 hours of protected time is carved out of the intern's weekly schedule to mentor with a clinical researcher. The training director facilitates an experience for the intern with a faculty member with whom they share clinical and research interests.

### **Other Educational Activities**

An array of ongoing educational activities at both the Payne Whitney Manhattan and Westchester supplements the formal curriculum and generates a stimulating atmosphere for internship and fellowship training. These activities include:

**Psychiatry Grand Rounds:** These consist of a weekly series of lectures in which nationally distinguished scholars, clinicians and researchers are invited to speak about current issues in psychiatry and psychology.

**Psychology Grand Rounds:** This meeting takes place virtually and is a forum that provides the opportunity for psychology interns, postdoctoral fellows, and faculty to present their research and clinical expertise.

**Geriatrics Seminar Series:** This consists of a weekly series of presentations at the Westchester Behavioral Health Center by invited speakers on current developments in geriatric psychiatry.

**Elective Seminars:** These are offered each year by arrangement with interested interns, residents, fellows, and faculty. In recent years topics have included: Basic Research Design in Clinical Psychology, Psychoanalysis and Literature, Psychotherapy and Psychoses, Adolescence, and the Technique of Psychotherapy.

## **Weill Cornell Medicine Wellness Qlinic**

Department of Psychiatry partnered with medical students to develop the WCM Wellness Qlinic Program, a program providing free mental health care and community outreach to LGBTQ+ populations in need, while also creating education, training, and academic opportunities for students, trainees, faculty, staff. Interns may choose to participate as clinicians in the program.

[Safe Space: New Student-Run Clinic Offers Free Mental Healthcare to New York's LGBTQ Community | Weill Cornell Medicine Psychiatry](#)



## **Evaluation of Trainees and the Training Program**

Continuing evaluation of curriculum, faculty, and trainees is conducted at all levels of both the internship program. Every attempt is made to obtain a balance between the ongoing personal dialogue that occurs between a trainee and their supervisors and the more objective data of direct observation and the completion of evaluation forms. Written evaluations of trainees are discussed with the trainee at mid and end of year. Direct observation via videotaped sessions of intern performance is evaluated and feedback is given. The supervisor evaluates progression of the intern's adherence to treatment and competency. Particular attention is given at the beginning of the year to the ability to establish a therapeutic, working alliance and adherence to treatment principles. Specific skills and competencies are expected to develop over the year and are evaluated by the supervisor. Interns can directly observe expert therapists via videotape, patient interviewing and role-playing exercises. Trainees in turn are required to evaluate their supervisors and instructors utilizing a rating form.

## **Clinical, Academic and Research Facilities**

**Research Facilities:** Clinical investigation is conducted on many services of the NewYork-Presbyterian Hospital. Research activities are ongoing in the Program for Anxiety and Traumatic Stress Studies, the Women's Program, the Neuroimaging Laboratory and Sackler Institute at the Payne Whitney Manhattan, the Eating Disorders Program, the Youth Anxiety Center, the Adolescent Partial Hospital, the Center for Geriatric Services at the Westchester Behavioral Health Center, the Psychiatry Division of Memorial Sloan Kettering Hospital. also have ongoing structures research programs. Computer facilities are available at all research sites. Interns are encouraged to participate in ongoing projects, or to begin their own projects with assistance from the faculty. Interns who wish to develop a research career may, with the approval of the faculty, devote a portion of their time to mentored research activities.

### **The Section of the History of Psychiatry and Behavioral**

**Sciences:** Members of the section (psychiatrists, historians, and psychologists, as well as residents, interns, and medical students) actively pursue a variety of research, ranging from Renaissance psychiatry to topics in the twentieth century. Many of these projects deal with the relationship between historical experience and contemporary problems. In addition to research, the faculty includes active teachers in the department.

### **The Memorial Sloan-Kettering Cancer Center Department of**

**Psychiatry:** This Department provides psychiatric services to patients in one of the nation's foremost training hospitals in oncology. There is a major emphasis on research into the psychological and personality variables of patients with neoplastic diseases.

Child and Adolescent Services: At the Westchester Behavioral Health Center, there are inpatient and outpatient services for children and adolescents presenting with a wide variety of psychiatric disorders. An inpatient unit for children from ages 6 to 12 years of age and an adolescent inpatient unit provide treatment for those who require a 24-hour therapeutic program. An adolescent eating disorder inpatient unit provides services for adolescents presenting with an eating disorder, and who require an inpatient level of care. The child and adolescent outpatient department offers comprehensive diagnostic evaluations and evidenced based treatment for children and adolescents through high school age. Treatment is provided through specialty clinics. The Center for Autism and the Developing Brain (CADB) serves individuals throughout their lifespan who need evaluation and treatment for autism spectrum disorders. A variety of group programs are also provided for children, adolescents, and their parents. Comprehensive psychological and neuropsychological assessment services are available.

**Child and Adolescent Services:** At the Westchester Behavioral Health Center, there are inpatient and outpatient services for children and adolescents presenting with a wide variety of psychiatric disorders. An inpatient unit for children from ages 6 to 12 years of age and an adolescent inpatient unit provide treatment for those who require a 24 hour therapeutic program. An adolescent eating disorder inpatient unit provides services for adolescents presenting with an eating disorder, and who require an inpatient level of care. The child and adolescent outpatient department offers comprehensive diagnostic evaluations and evidenced based treatment for children and adolescents through high school age. Treatment is provided through specialty clinics. The Center for Autism and the Developing Brain serves individuals throughout their lifespan who need evaluation and treatment for Autism Spectrum Disorders. A variety of special group programs are also provided for children, adolescents and their parents. Comprehensive psychological and neuropsychological assessment services are available.

**Pediatric OCD, Anxiety, and Tic Disorders Program:** The child psychiatry outpatient division at Payne Whitney Manhattan serves children and adolescents aged 5-18, and their families, offering evidence-based psychotherapy and psychopharmacology interventions. The Pediatric OCD, Anxiety, and Tic Disorders Program (POCAT) specializes in cognitive behavioral therapy (CBT) for kids and teens suffering from anxiety and related disorders, including exposure and response prevention (ERP) for OCD and Comprehensive Behavioral Intervention for Tic Disorders (CBIT). Weekly individual therapy is offered, in addition to medication management as needed, and when possible, CBT groups are made available. In addition, Parent Training groups are run throughout the year for interested parents. The catchment area for the Child Outpatient Program is large, including all five boroughs of New York City, and surrounding areas of Long Island, New Jersey, and Connecticut. The patient population is thus culturally and economically diverse and presents with a wide range of psychiatric symptoms and diagnoses, including the anxiety disorders, OCD, tic disorders, ADHD, mood disorders, impulsive or oppositional behaviors, and school refusal, among others. Interns can carry a weekly individual therapy caseload with close supervision in a variety of cognitive and behavioral therapies, co-lead groups if desired, work closely with psychiatry trainees, and participate in weekly case conferences where members of the child psychiatry faculty live interview patients.

**Youth Anxiety Center:** NewYork-Presbyterian's Youth Anxiety Center advances effective ways of diagnosing, treating, and helping teens and young adults suffering from anxiety disorders through research, treatment, and education. A team of experts has extensive knowledge about how anxiety affects young people, particularly as they transition away from home into independent living. Clinicians can provide treatment services to young people and their families to facilitate this transition and help them create the lives they want to live. The Youth Anxiety Center is a unique collaboration of

researchers and clinicians who are all focused on the same goal: understanding the root causes of anxiety, which in turn leads to the development of better treatments. The Youth Anxiety Center offers young people and their family's real reasons to be optimistic about the future.

**Substance Abuse Services:** The Westchester Behavioral Health Center provides inpatient treatment of alcohol and drug abusers in addition to a special inpatient service for patients suffering from these problems.

**Libraries:** Several libraries are available to interns. The Oscar Diethelm Historical Library is a unique historical collection of over 6,000 volumes published before 1950, plus a supporting Reference Collection of 4,000 modern works and the New York Presbyterian Hospital-Weill Cornell Medical Center Archives of Psychiatry. There also is an extensive collection of manuscript materials for study. The Payne Whitney Clinic Library, housed in the Samuel J. Wood Library of the Weill Medical College of Cornell University, contains 15,000 reference volumes and journals. This library supplements the larger Samuel J. Wood Library of the Medical College. Full research and bibliographic facilities are provided.

### **Accreditation Status**

The Clinical Psychology Internship is fully accredited by the American Psychological Association. The American Psychological Association is located at 750 First Street, N.E., Washington, DC 20002-4242; telephone number (202) 336-5500.

### **Stipends and Benefits**

The intern stipend for the 2023-2024 academic year is \$40,950. Trainees receive a full benefits package, including vacation, holidays & medical insurance.

### **Internship Completion**

Internship training is full-time and for a period of twelve months. Interns can expect to work 40 hours weekly and will be granted overtime pay for hours that exceed a 40-hour work week.

Interns will be awarded a Certificate of Completion at the successful conclusion of the internship year.

Our policies regarding requisite training competencies and minimal levels of achievement, as well as documents on policy and procedures are in our Policies and Procedures/Orientation Manual. The manual is available on request by emailing [sue2002@med.cornell.edu](mailto:sue2002@med.cornell.edu).

## **Nondiscrimination Policy**

The internship in clinical psychology at NYP-Weill Cornell Medicine is dedicated to the provision of equal opportunity to all applicants and psychology interns without regard to race, color, religion, sex, sexual orientation (including gender identity and expression), national origin, citizenship status, marital status, veteran status, employment status, age, disability, pregnancy status, predisposing genetic characteristics, and other protected characteristics, subject to the conditions of applicable federal, state and city laws.

## **Who Should Apply?**

Intern applicants who have an interest and background in both clinical service and research are particularly qualified for these programs and are encouraged to apply. Applicants must be from APA-approved doctoral programs in clinical psychology. All applicants should have a minimum of five hundred hours of direct patient care experience. Preference will be given to those with demonstrated research interest and activity. Prior to beginning the internship, it is considered advantageous for applicants to have completed data collection on the dissertation.

Individuals who wish a clinical science career will find themselves well placed for future employment in medical centers and teaching hospitals. Most interns over the last several years pursued postdoctoral fellowships in academic medical settings and several have gone directly into professorships in academic settings.

Psychologists who have completed APA-approved internships and who desire further intensive specialty clinical and research training are invited to apply to our fellowship programs.

We encourage Ph.D. applicants with clinical science orientation.

PLEASE NOTE: New York-Presbyterian Hospital does not offer sponsorship for visas.

## **Psychology Internship Entrance Requirements**

Prior to the beginning internship training, all prospective interns must successfully complete the following:

1. Successful completion of all graduate coursework towards a doctoral degree including practica and externships.
2. A minimum of five hundred intervention hours is required. Eight hundred intervention hours is preferred.

3. A minimum of fifty assessment hours is required. One hundred assessment hours is preferred.
4. Endorsement of readiness for internship training by the director of their graduate program.

We are aware that applicants may have had difficulty meeting certain requirements this year due to COVID-19. Any applicant adversely affected should explain their individual circumstances in the cover letter submitted with their APPIC application

(Please note we ask that you submit only the APPIC application.)

### **Application Procedure**

The internship program follows the APPIC online process. The application deadline for internship is **November 1, 2022**. A select number of applicants will be invited for interviews (2–3-hour commitment) with the faculty. Interviews will take place remotely via Zoom on January 5, 6, 9 and 10, 2023.

We follow APPIC guidelines in selecting interns.

(available at [www.natmatch.com/psychint](http://www.natmatch.com/psychint))

### **Internship Selection Procedure**

1. An applicant's completed application will be reviewed by two members of the psychology faculty who are participating in the internship selection and by the director of program.
2. During the initial review, an applicant may be excluded from further consideration for the following reasons:
  - Applicant is not enrolled in an APA accredited doctoral psychology program
  - Applicant has accrued fewer than five hundred hours of clinical practice
  - Applicant has not completed all the graduate courses required for completion of their doctoral program
  - Applicant has neither completed a graduate course in psychopharmacology nor had supervised experience in clinical setting where patients receive psychotropic medications
  - Applicant has neither completed a graduate course in initial interviewing or DSMV nor had supervised experience in conducting an initial intake interview

3. The initial review will assess the applicant regarding the following criteria:
  - Amount and quality of clinical experience
  - Depth and breadth of clinical experience (i.e., are the applicant's practica varied? has the applicant had medical center experience? has the applicant had experience with culturally diverse populations?)
  - Clinical science training
  - Quality of letters of recommendation
  - Academic performance
  - Specific areas of excellence or achievement
  - Cultural diversity
  - Perceived goodness of fit with our internship program
4. The twenty-four top-rated applicants will be invited for an interview. Interviewing will be done remotely via Zoom and will be schedule for one of four dates - Thursday and Friday, January 5 and 6 and Monday and Tuesday, January 9 and 10, 2023.
5. For applicants who are scheduled for interviews: Three teams of psychology faculty will interview applicants for a total period of one hour and a half. The Director interviews all scheduled applicants. Each faculty member who meets with an applicant submits applicant-rating forms. Match ranking lists are composed at a series of meetings utilizing the applicants' files and all rating sheets completed by interviewers. The Director utilizes all these data to comprise the final matching list.



**Internship correspondence should be addressed to:**

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**Office of Program Consultation and Accreditation**

*American Psychological Association  
750 1st Street, NE, Washington, DC 20002  
Phone: (202) 336-5979*

*E-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org)*

**Postdoctoral Fellowships**

There are postdoctoral positions available for candidates who have completed their Ph.D. in clinical psychology, are eligible for a limited permit, and who wish to pursue advanced training in particular specialty areas. These programs provide active mentorship in academic, research and professional activities of a specialty area.

Add link to webpage on postdoctoral fellowships:

[Postdoctoral Psychology Fellowship - Manhattan | Weill Cornell Medicine Psychiatry](#)  
[Postdoctoral Psychology Fellowship - Westchester | Weill Cornell Medicine Psychiatry](#)

**PSYCHOLOGY FACULTY**

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<u>Name/Address/Telephone</u>	<u>Areas of Interest</u>	<u>Department</u>
<b>Anthony O. Ahmed</b> Vice Chair for Psychiatry Westchester Behavioral Health/ Payne Whitney Clinic – Box # 188 525 East 68 <sup>th</sup> Street New York, NY 10065 (914)997-5251	-mood and anxiety disorders -psychotic disorders -substance abuse	Psychiatry
<b>Bennett, Shannon</b> New York Presbyterian Hospital Weill Cornell Medical Center 525 East 68th Street New York, NY 10065 646-962-2827	-Pediatric OCD, Anxiety and -Tic Disorders Program	Psychiatry
<b>Cherestal, Stephanie</b> Westchester Behavioral Health/ Payne Whitney Clinic – Box # 188 525 East 68 <sup>th</sup> Street New York, NY 10065 (914)288-5242	-Adult/Adolescent DBT	Psychiatry
<b>Chiu, Angela</b> 525 East 68th Street New York, NY 10065 (212) 746-5574	-child and adolescent psychotherapy	Psychiatry
<b>Clarkin, John</b> Department of Psychiatry Westchester Behavioral Health/ Payne Whitney Clinic – Box # 188 525 East 68 <sup>th</sup> Street New York, NY 10065 (914) 997-5911	- marital and family therapy - personality disorders - bipolar disorders	Psychiatry
<b>Catatrozoli, Corinne</b> New York Presbyterian Weill Cornell Medicine 525 East 68th Street New York, NY 10065 (646) 397-8817	-Cognitive behavioral therapy -Child/Adolescent psychiatry	Psychiatry

<p><b>Davis, Lori</b>  80 Fifth Avenue, Suite 1005  New York, NY 10011  (212) 580-0271</p>	<ul style="list-style-type: none"> <li>- posttraumatic stress disorder</li> <li>- cognitive behavioral therapy</li> </ul>	<p>Psychiatry</p>
<p><b>Diamond, Diana</b>  135 Central Park West, 1N  New York, NY 10024  212-877-2232</p>	<ul style="list-style-type: none"> <li>- transference-focused psychotherapy</li> </ul>	<p>Psychiatry</p>
<p><b>Difede, JoAnn</b>  New York-Presbyterian Hospital  Burn Unit  New York, NY 10065  (212) 746-3079</p>	<ul style="list-style-type: none"> <li>trauma treatment</li> <li>treatment of acute stress disorders</li> <li>- research</li> <li>- behavioral medicine</li> </ul>	<p>Psychiatry</p>
<p><b>Edwards, Anna R.</b>  New York Anxiety Treatment Center  240 Central Park South, Suite 2J  New York, NY 10019  (212) 518-8162</p>	<ul style="list-style-type: none"> <li>- anxiety disorders, OCD</li> <li>- cognitive behavioral therapy</li> </ul>	
<p><b>Evans, Susan</b>  New York-Presbyterian Hospital  Cognitive Behavioral Service  425 East 61<sup>st</sup> Street #1350  New York, NY 10065  (212) 821-0622</p>	<ul style="list-style-type: none"> <li>- mindfulness-based stress reduction</li> <li>- psychopharmacology</li> </ul>	<p>Psychiatry</p>
<p><b>Falk, Avital</b>  Weill Cornell Medicine  315 E 62nd St 5th floor,  New York, NY 10065  (646) 962-2820</p>	<ul style="list-style-type: none"> <li>-Child and adolescent psychology</li> </ul>	<p>Psychiatry</p>
<p><b>Feldman, Diana</b>  525 East 68th Street  New York, NY 10065  (212) 746-5732</p>	<ul style="list-style-type: none"> <li>- sex therapy</li> <li>couples therapy</li> </ul>	<p>Psychiatry</p>
<p><b>Fleming, Megan</b>  300 Mercer Street, Suite 3C  New York, New York 10003  (646) 600-5133</p>	<ul style="list-style-type: none"> <li>-child and adolescent psychotherapy</li> </ul>	<p>Psychiatry</p>

<p><b>Flye, Barbara</b>  Department of Psychiatry  Westchester Behavioral Health  Payne Whitney Clinic – Box # 188  525 East 68<sup>th</sup> Street  New York, NY 10065  (914) 997-5953</p>	<p>-neuropsychological assessment</p>	<p>Psychiatry</p>
<p><b>Fridman, Chaya</b>  315 East 62nd Street, 5th Fl  New York, NY 10065  (646) 962-2820</p>		<p>Psychiatry</p>
<p><b>Gunning, Faith</b>  525 East 68<sup>th</sup> Street  New York, NY 10065  (914) 997-8643</p>	<p>neuropsychological assessment  geriatric research</p>	<p>Psychiatry</p>
<p><b>Herts, Kate</b>  Women’s Mental Health Consortium  99 Hudson St.,  5th Floor, PMB 6036  New York, NY 10013  (212) 210-6372</p>	<p>- cognitive heavioral therapy  - treatment for chronic illness</p>	<p>Psychiatry</p>
<p><b>Hughes, Dawn</b>  274 Madison Avenue, Suite 604  New York, NY 10016  (212) 481-7044</p>	<p>- traumatic stress  - interpersonal violence</p>	<p>Psychiatry</p>
<p><b>Ilieva, Irena</b>  425 E. 61st, PH Floor, Rm 1314  New York, NY 10065  (212) 821-0779</p>	<p>-cognitive behavioral therapy  -trauma-related disorders</p>	<p>Psychiatry</p>
<p><b>Jaywant, Abhishek</b>  425 E. 61st, PH Floor, Rm 1352  New York, NY 10065</p>	<p>-clinical neuropsychology  -traumatic brain injury  -age-related cognitive decline</p>	<p>Psychiatry</p>
<p><b>Jessica Latack</b>  Central Park Psychological Services  200 W 57th Street  Suite 507  New York, New York 10019</p>	<p>-women’s mental health  -PTSD</p>	<p>Psychiatry</p>

<p><b>Lee, Grace</b>  321 E. 54<sup>th</sup> St.  New York, NY 10022  (212) 888-8199</p>	<p>-forensic psychology</p>	<p>Psychiatry</p>
<p><b>Levi, Alexander</b>  211 Central Park West  New York, NY 10024  (212) 595-1317</p>	<p>- psychodynamic psychotherapy</p>	<p>Psychiatry</p>
<p><b>Marino, Patricia</b>  Department of Psychiatry  Westchester Behavioral Health  Payne Whitney Clinic – Box # 188  525 East 68<sup>th</sup> Street  New York, NY 10065  (914) 997-8691</p>	<p>-geriatric psychiatry</p>	<p>Psychiatry</p>
<p><b>Mayville, Elena</b>  208-422-1108</p>	<p>-cognitive behavioral therapy  -family therapy  -couples therapy</p>	<p>Psychiatry</p>
<p><b>Olden, Megan</b>  New York-Presbyterian Hospital  Anxiety and Traumatic Stress Program  425 East 61<sup>st</sup> St. #1315  New York, NY 10065  (212) 821-0786</p>	<p>- post traumatic stress disorder</p>	<p>Psychiatry</p>
<p><b>Pelcovitz, Michelle</b>  New York-Presbyterian Hospital  425 East 61<sup>st</sup> St. #1352  New York, NY 10065  (212) 821-0789</p>	<p>-cognitive behavioral therapy  -exposure and response prevention  -child/adolescent anxiety and mood disorders</p>	<p>Psychiatry</p>
<p><b>Powers, Alisa</b>  21 Bloomingdale Road  White Plains, NY 10605  914-997-5851</p>	<p>-cognitive behavioral therapy</p>	<p>Psychiatry</p>
<p><b>Schumpf, Jamie</b>  10 East 40<sup>th</sup> Street  Suite 3201  New York, NY 10016  646-592-4384</p>	<p>- cognitive behavioral therapy</p>	<p>Psychiatry</p>

<p><b>Sirey, JoAnne</b>  Department of Psychiatry  Westchester Behavioral Health  Payne Whitney Clinic – Box # 188  525 East 68<sup>th</sup> Street  New York, NY 10065  (914) 997-4333</p>	<p>- geriatric psychiatry</p>	<p>Psychiatry</p>
<p><b>Soni, Nirav</b>  6 E. 39<sup>th</sup> St.  Suite 800  New York, NY 10016  (347)699-4301</p>	<p>-psychodynamic psychotherapy</p>	<p>Psychiatry</p>
<p><b>Thoma, Nathan</b>  Cognitive Therapy Center of Manhattan  10 E 40th St., Suite 3201  New York, NY 10016  347-778-1801</p>	<p>- cognitive behavioral therapy</p>	<p>Psychiatry</p>
<p><b>Wilkins, Victoria</b>  Department of Psychiatry  Westchester Behavioral Health  Payne Whitney Clinic – Box # 188  525 East 68<sup>th</sup> Street  New York, NY 10065  (914) 997-5411</p>	<p>- geriatric psychiatry  - cognitive behavioral therapy</p>	<p>Psychiatry</p>
<p><b>Talia Zaider</b>  Memorial Sloan Kettering  Cancer Center  641 Lexington Ave # 7,  New York, NY 10022  (646) 888-0031</p>	<p>-family-centered care in an  oncology setting</p>	<p>Psychiatry</p>

# INTERN ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT

DATA
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INTERNSHIP PROGRAM ADMISSIONS				
<b>BASIC REQUIREMENTS</b>	Applicant must be a candidate from an APA-approved doctoral program in clinical psychology.			
	We follow APPIC guidelines in selecting interns (available at <a href="http://www.natmatch.com/psychint">www.natmatch.com/psychint</a> )			
	<u>Prior to beginning internship training, applicant must complete:</u>	Successful completion of all graduate coursework towards a doctoral degree including practica and externships		
		Endorsement of readiness for internship training by the director of their graduate program		
		<b>MINIMUM HOURS REQUIRED AT APPLICATION</b>		
		Total Direct Intervention Hours	<b>REQUIRED</b> 500	<b>PREFERRED</b> 800
		Total Direct Contact Assessment Hours	<b>REQUIRED</b> 50	<b>PREFERRED</b> 100
		Other required minimum criteria		N/A
	Do NOT submit additional materials other than the APPIC application			
	New York-Presbyterian Hospital does not offer sponsorship for visas			
A select number of applicants will be invited for interviews (2–3-hour commitment) with the faculty.)				

FINANCIAL AND OTHER BENEFIT SUPPORT FOR UPCOMING TRAINING YEAR		
Annual Stipend	Full-time interns	\$40,950
	Half-time interns	N/A
Medical Insurance	Access for intern	YES
	Trainee contribution to cost required	NO
	Coverage of family member(s) available	YES
	Coverage of legally married partner available	YES
	Coverage of domestic partner available	YES
Paid Personal Time Off and/or Vacation	Hours Annually	150
Sick and/or Extended Leave	Hours Paid Annually	0
	In the event of medical conditions and/or family needs that require extended leave, does program allow reasonable unpaid leave more than personal time off	YES
Other benefits	Coverage under hospital malpractice insurance	

INITIAL POST-INTERNSHIP POSITIONS (2015-2021)				
Total # of interns	Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	Post-internship location	Post-Doctoral Residency Position (PD)	Employment Position (EP)
28	0	Academic Medical Center	23	
		Other Medical Center or Hospital	1	1
		Academic University/Department	1	2