

Psychiatry Grand Rounds

WCM Department of Psychiatry
Psychology CE Announcement



**Weill Cornell
Medicine**
Psychiatry

Suicide Prevention for Middle-Aged and Older Adults

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Live Online, Live In-person
Wednesday, October 9th, 2024
11:00am – 12:00pm
<https://weillcornell.zoom.us/j/92812036154>
Meeting ID: 928 1203 6154
Password: 12345



1 CE credit available to WCM Department of Psychiatry full time and voluntary faculty Psychologists, Social Workers and LMHCs, who sign in with their full name, attend the majority of the lecture and complete a survey which will be emailed following the completion of the lecture. Note the survey must be completed within 30 days of the lecture. Please contact wcmpsychiatryce@med.cornell.edu for additional CE information

Speaker

Dr. Dimitris Kiosses is Professor of Psychology in Psychiatry at Weill Cornell Medicine. He completed his undergraduate degree at Tufts University, his Ph.D. in Clinical Psychology at the Derner Institute of Advanced Psychological Studies of Adelphi University, and his psychology internship at Hillside Hospital-Long Island Jewish Medical Center. He is a NY State licensed psychologist and has been trained in Cognitive Therapy at the Extramural Program of the Beck Institute for Cognitive Therapy and Research. Dr. Kiosses is a principal investigator at the Weill Cornell Institute of Geriatric Psychiatry and the head of the Emotion, Cognition, and Psychotherapy Research Lab at Weill Cornell Medicine. His research focuses on the development and testing of in-person and mobile interventions for depression and suicide prevention in middle-aged and older adults. As a principal investigator, he has received grants from the National Institute of Mental Health, National Institute on Aging, American Foundation for Suicide Prevention, and Alzheimer's Association and has collaborated nationally and internationally to further develop and implement his interventions.

Financial Disclosure: Dr. Kiosses has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

Abstract

Middle-aged and older adults constitute a high-risk group for suicide. Among this group, suicide risk is particularly elevated within 3 months after hospital discharge from a suicide-related hospitalization. The presentation will focus on the development and recent findings on innovative psychosocial interventions, in-person and mobile, for suicide prevention in this population.

Learning Objectives

1. Discuss suicide risk factors across diverse populations, with a focus on heightened risk post-discharge from psychiatric hospitalization.
2. Examine innovative psychosocial interventions aimed at reducing suicide risk.
3. Describe emotion regulation strategies targeted at suicide prevention for middle-aged and older adults.

References

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2. Kiosses, D. N., Monkovic, J., Stern, A., Czaja, S. J., Alexopoulos, G., Arslanoglou, E., Ebo, T., Pantelides, J., Yu, H., Dunefsky, J., Smeragliuolo, A., & Putrino, D. (2021). An emotion regulation tablet app for middle-aged and older adults at high suicide risk: Feasibility, acceptability, and two case studies. *American Journal of Geriatric Psychiatry*, 30(5), 575–584. <https://doi.org/10.1016/j.jagp.2021.08.015>
3. Bress, J. N., Arslanoglou, E., Banerjee, S., Alexopoulos, G. S., & Kiosses, D. N. (2023). Positive valence system function and anhedonia in middle-aged and older adults at high suicide risk. *Biological Psychology*, 182, 108647. <https://doi.org/10.1016/j.biopsycho.2023.108647>