



# FACULTY COUNCIL EVENING SPEAKER SERIES

## Free to Attend

for all members of the WCM Community; faculty, staff and trainees welcome!

**Weill Cornell  
Medicine**  
Psychiatry

## Long Covid: Psychiatric Differential and Treatment



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SPEAKER DISCLOSURE: Dr. Re'em has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

### DATE



**Tuesday November 12th 2024 | 7pm-8pm**

### Live online Webinar:

<https://weillcornell.zoom.us/j/92477153371>

Passcode: 728638



### CONTINUING EDUCATION (Optional)



1 CE is available for a \$20 fee, available to **Psychologists** and **Social Workers** who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the workshop. *CME credits are NOT available for this event.*

Click here <https://tinyurl.com/2p8n453v> or scan QR Code Below to purchase CE credit for this event:



Content is appropriate for beginner, intermediate and advanced level practitioners.

Sponsored by the Weill Cornell Medicine  
Department of Psychiatry Faculty Council

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### Abstract

Data on the treatment of psychiatric disorders in COVID-19 and Long COVID is limited. Existing evidence on the treatment of comorbid psychiatric conditions in disease entities that are found in high rates in the Long COVID population, including ME/CFS and dysautonomias, offers significant value. This talk will briefly outline the theoretical pathophysiology, epidemiology, and approach to the evaluation and treatment of mental illness following COVID-19 illness. It includes treatment considerations for mood disorders, anxiety disorders, psychotic disorders, traumatic and stress-related disorders, and special considerations regarding somatic symptom disorders.

### Biography

Yochai Re'em, MD is a psychiatrist and psychotherapist in private practice and voluntary faculty member in the psychiatry department (Clinical Assistant Professor of Psychiatry) at Weill Cornell Medical College. His personal experience with Long COVID in 2020 led him to become involved in research and clinical care for individuals with Long Covid. His early involvement with the Patient-Led Research Collaborative for Long Covid resulted in one of the first large studies to systematically describe the timeline of symptoms in the first six months of Long COVID. Since 2020, Dr. Re'em has treated individuals with Long Covid - related psychiatric symptoms in both individual and group settings, utilizing both medications and psychotherapy as interventions. He has also remained involved in various research efforts aiming to better characterize, understand, and treat the illness.

### Learning Objectives

1. Describe the 2024 NASEM Long Covid definition.
2. Identify known psychiatric manifestations of Long Covid.
3. Differentiate between primary psychiatric illness and psychiatric illness that is secondary to Long Covid.

### Suggested Reading

1. Jason, L., & Lapp, C. W. (2023). Understanding the behavioral and medical impact of long COVID: An Empirical Guide to Assessment and Treatment of Post-acute Sequelae of SARS CoV-2 Infection.
2. Re'em, Y., Stelson, E. A., Davis, H. E., McCorkell, L., Wei, H., Assaf, G., & Akrami, A. (2023). Factors associated with psychiatric outcomes and coping in Long COVID. *Nature Mental Health*, 1(5), 361–372. <https://doi.org/10.1038/s44220-023-00064-6>
3. Davis, H. E., McCorkell, L., Vogel, J. M., & Topol, E. J. (2023). Long COVID: major findings, mechanisms and recommendations. *Nature Reviews Microbiology*, 21(3), 133–146. <https://doi.org/10.1038/s41579-022-00846-2>