



FACULTY COUNCIL EVENING SPEAKER SERIES

Weill Cornell Medicine Psychiatry

Free to Attend

for all members of the WCM Community; faculty, staff and trainees welcome!

Helping Borderline and Narcissistic Patients with Transference-Focused Psychotherapy



Frank Yeomans, MD, PhD
Clinical Professor of Psychiatry
Director of Training at the Personality Disorder
Weill Cornell Medical College

SPEAKER DISCLOSURE: Dr. Yeomans has no relevant financial relationship(s) with ineligible companies to disclose and DOES NOT INTEND to discuss off-label or investigational use of products or services.

DATE



Tuesday January 21st, 2025 | 7pm-8pm

Live online Webinar:

<https://weillcornell.zoom.us/j/92477153371>

Passcode: 728638



CONTINUING EDUCATION (Optional)



1 CE is available for a \$20 fee, available to **Psychologists** and **Social Workers** who sign in with their full name, attend the entire lecture and complete a survey which will be emailed following the completion of the workshop. *CME credits are NOT available for this event.*

Click here <https://tinyurl.com/2p8n453v> or scan QR Code Below to purchase CE credit for this event:



Content is appropriate for beginner, intermediate and advanced level practitioners.

Sponsored by the Weill Cornell Medicine
Department of Psychiatry Faculty Council

Weill Cornell Medicine (WCM) Department of Psychiatry, 525 E 68th St. New York, NY 10065, is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0192. WCM Department of Psychiatry is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0302. WCM is approved by the American Psychological Association to sponsor continuing education for psychologists. WCM maintains responsibility for this program and its content. The New York Presbyterian Hospital Department of Social Work is recognized by New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0155.

This event is hosted by the WCM Academy of Behavioral Health and Continuing Education. Information regarding CE program please visit the WCM CE website: <https://psychiatry.weillcornell.edu/education-training/continuing-education>. For additional questions contact wcmpsychiatryce@med.cornell.edu.

Abstract

Since the 1980's, Otto Kernberg and his group within and beyond our department have worked on improving our ability to help patients with personality disorders "organized at the borderline level". The talk will review the concept of "borderline organization" and its similarities to the DSM 5's Alternative Model for Personality Disorders. This will be followed by a review of the theoretical foundation of Transference-Focused Psychotherapy and of its empirical base. The talk will conclude with illustrations of how the therapy is applied in work with borderline and narcissistic patients.

Biography

Dr. Yeomans is Clinical Professor of Psychiatry at the Weill Cornell Medical College, Director of Training at the Personality Disorders Institute of Weill-Cornell, and Adjunct Associate Clinical Professor of Psychiatry at the Columbia University Vagelos College of Physicians & Surgeons. He is president of the International Society for Transference-Focused Psychotherapy, an Honorary Member of the American Psychoanalytic Association, past Chair of the Group for the Advancement of Psychiatry Committee on Psychotherapy, and member of the Education Committee of Emotions Matter (an advocacy group for BPD). Awards include the UCLA Department of Psychiatry Distinguished Psychiatrist Lecturer (2015), the Weill Cornell Department of Psychiatry Arnold Cooper Honorary Lecturer Award (2021), Doctor Honoris Causa, Universidad de Valparaiso (2022), and the University of Michigan Department of Psychiatry Kenneth Silk Lecturer Award (2023). Dr. Yeomans' primary interests are the development, investigation, teaching, and practice of psychotherapy for personality disorders. He headed the specialized unit for patients with Borderline Personality Disorder at the Weill Cornell Medical Center for ten years. He has taught and helped establish training programs for the psychodynamic therapy of personality disorders in many countries. He is a regular teacher and lecturer at APA Annual Meetings. He has authored and co-authored numerous articles and books, including *A Primer on Transference-Focused Psychotherapy for the Borderline Patient*, *Psychotherapy for Borderline Personality: Focusing on Object Relations*, and *Transference-Focused Psychotherapy for Borderline Personality: A Clinical Guide*, all co-authored with Drs. John Clarkin and Otto Kernberg. His latest book is *Treating Narcissistic Pathology with Transference-Focused Psychotherapy*, co-authored with Diana Diamond, Barry Stern, and Otto Kernberg.

Learning Objectives

1. Describe the basic elements of psychological structure that underline borderline personality organization.
2. Identify the different clinical types of narcissistic pathology.
3. Explain the specific psychological structure that underlies narcissistic personality disorder.
4. Apply characteristic countertransference responses when working with narcissistic patients.

Suggested Reading

1. Yeomans, F. E., MD PhD, Clarkin, J. F., PhD, & Kernberg, O. F., MD. (2015). *Transference-Focused psychotherapy for Borderline personality Disorder: A Clinical Guide*. American Psychiatric Pub.
2. Diamond, D., Yeomans, F. E., Stern, B. L., & Kernberg, O. F. (2023). *Treating Pathological Narcissism with Transference-Focused Psychotherapy*. Guilford Press.
3. Yeomans, F. E., Diamond, D., & Caligor, E. (2024). *Otto Kernberg: A Contemporary Introduction*. Routledge.